

NORTH WALES DRUG INTERVENTIONS PROGRAMME DIRECTORY

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Llywodraeth Cynulliad Cymru
Welsh Assembly Government



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NORTH WALES DRUG INTERVENTIONS PROGRAMME DIRECTORY

FOREWORD

The Drug Interventions Programme is a Home Office initiative supported by the Welsh Assembly Government, to develop and integrate measures for directing adult misusing offenders out of crime and into treatment. Through the programme criminal justice and treatment agencies work together with the providers of aftercare services to deliver a tailored package of care for adults who commit crime to fund their drug use and to re-engage non offenders who drop out of services. At every stage of the criminal justice system, the programme maximises the opportunities for engaging drug misusers into treatment. It is a beginning to end support system that aims to ensure that those drug misusing offenders no longer fall through the net. The main focus of the initiative is crime reduction and engagement in services.

The purpose of the directory is to allow North Wales services to be identified quickly . It has been divided into the six Counties for easy reference. It is hoped that this directory will be a useful asset to service users, carers and professionals.

To enable easy access and for the directory to be updated it will be available on the North Wales Substance Misuse Forum website:www.nwsmf.org.uk

The directory has been printed in loose-leaf format in order that as organisational details change they can be amended accordingly and relevant pages downloaded from the website.

It will be the responsibility of each individual organisation to amend their own details on the website as appropriate.

Accommodation & Housing

Isle of Anglesey County Council

Council Offices, Llangefni, Anglesey LL77 7TW
Telephone: 01248 750057

Clwyd Alyn Housing Association

Telephone: 01745 357100
info@clwydalyn.co.uk

Homelessness and Housing Advice Services

Isle of Anglesey County Council
Council Offices, Llangefni, Anglesey LL77 7TW
Telephone: 01248 750057

Nacro Cymru

Unit 12, Enterprise Park, Holyhead, Anglesey LL65 2HY
Telephone: 01407 762026

Independent Housing Advice

Shelter Cymru

Holyhead CAB, Holyhead, Ynys Môn
Telephone: 01248 671005

Shelter Cymru

LLangefni Housing Advice Service, LLangefni CAB, Ynys Môn LL77 7TW
Telephone: 01248 671005

Advice & Information

Anglesey Citizens Advice Bureau

Offering the following sessions:

Holyhead Bureau:

6 Victoria Terrace, Holyhead, Anglesey LL65 1UT
Telephone: 0845 1203708

Open door every Tuesday and Thursday: 9.30 am - 2.00 pm

Monday to Friday: Money Advice / Welfare Benefit / Specialist advice by appointment

Amlwch Town Hall:

Llawr y Llan, Lôn Goch, Amlwch, Anglesey LL68 9EN
Telephone: 0845 1203708

Open door every Tuesday and Thursday: 9.30 am - 2.00 pm

Money Advice / Welfare Benefit / Specialist advice by appointment

Llangefni Bureau:

4/10 Ffordd yr Efail, Llangefni, Anglesey LL65 1ER
Telephone: 0845 1203708

Open door every Monday and Wednesday: 9.30 am - 2.00 pm

Money Advice / Welfare Benefit / Specialist advice by appointment

Llanfaelog Community Centre:

Tel: 0845 1203708

Open door every Monday 9.00 am-12.00 noon

Home Visit Service

Visits arranged by appointment

Contact Llangefni Bureau

on: 0845 1203708

Women's Aid

34 Church Street, Llangefni, Ynys Môn LL77 7DU
Telephone: 01248 750903

Samaritans

Confidential Listening and Support - not just for the suicidal.
North West Wales
5A Llys Onnen, Parc Menai
Bangor, Gwynedd
LL57 4DF
Phone: 01248 674985

jo@samaritans.org
www.samaritans.org

Complementary Therapies**Harmony Healing**

Holyhead, Anglesey LL65
Telephone: 01407 720278
<http://harmonyhealing.mysite.wanadoo-members.co.uk/>

Anglesey Healing Centre

Tyn Y Lon Farm, Beaumaris, Gwynedd LL58 8NE
Telephone: 01248 490814

Hypnotherapy

Allen Langley, Bryn Hyfryd, Holyhead, Gwynedd LL65 2UD
Telephone: 01407 861258

Counselling**CAIS**

Offer a counselling service to people with drug or alcohol problems. They also provide support to individuals who are affected by another persons drug/alcohol use.

Detox

Community detox or in-patient detox is available from the Gwynedd NHS Trust. There are also a number of beds available at Ysbyty Gwynedd & Hafan Wen. (Wrexham). All referrals must go through the Substance Misuse Service. Enquiries should be made to the Corporate Base (Star) in the first instance.

North West Wales NHS Trust Substance Misuse Service

Corporate Base,
Castellfryn, Star, Nr.Gaerwen, Ynys Môn
Telephone: 01248 718030
E-mail: smsreferrals@nww-tr.wales.nhs.uk

DIP Provision

The aim of the Drug Interventions Programme is to reduce drug related crime by accessing more drug misusing offenders, getting them into treatment and supporting them through and after treatment and sentences. Throughcare and aftercare will be implemented by the Criminal Justice Integrated Team model. The aim of the CJIT is to enable a regional integrated approach to working with drug misusers who enter and leave the criminal justice system from the point of arrest through to the end of sentence (community & custodial) and beyond. The CJIT will compliment existing services within North Wales. Referrals to the CJIT will be managed via a single point of contact (01492 533269). An all Wales 24/7 phone line will be offered to service users and others who have concerns or wish to refer themselves to DIP (0800 6 33 55 88).

Education

Coleg Pencraig

26 Stanley Street, Holyhead, Gwynedd LL65 1HG
Telephone: 01407 760641

Coleg Menai

Llangefni, Gwynedd LL77 7HY
Telephone: 01248 370125

Open Learning Centre

Tŷ Cyfle, Market Street, Holyhead, Gwynedd LL65 1UW
Telephone: 01407 765755

The Natural Approach

Mona Street, Amlwch, Gwynedd LL68 9AN
Telephone: 01407 832717

The Conwy Centre

Llanfairpwllgwyngyll, Gwynedd LL61 6DJ
Telephone: 01248 714501

Employment & Training

Llangefni Jobcentre Plus

Government Buildings, Bridge Street, Llangefni, Gwynedd LL77 7YJ
Telephone: 01248 283600

Nacro Cymru

1 Glanhwfa Road, Llangefni, Gwynedd LL77 7EN
Telephone: 01248 750732

Progress2Work

This offers intensive support and guidance for people who have had substance misuse issues to find suitable training, education, or employment.

Working Links

- London Health, 9-10 Boston Street, Ynysmon, Holyhead LL65 1BW
- J.E.O. Tool Centre, Treaddur Square, Holyhead LL65 1ND
- Unit 2 Llwyn Onn Industrial Estate, Amlwch, Ynys Mon LL68 9BH
0800 917 9262
www.workinglinks.co.uk

CAIS LLangefni

Llangefni Office, 1 Glanhwfa Road, LLangefni, LL77 7EN
Telephone: 01248 724913

Princes Trust

3 Palace Street, Caernarfon, Gwynedd LL55 1RR
Telephone: 01286 669111

Getting a Prescription

A shared care service is provided by Gwynedd NHS Trust in conjunction with local GPs in the Anglesey area.

Hepatitis B, C & HIV

General advice and information on HIV, Hepatitis B, and C is available from North West Wales NHS Trust Substance Misuse Service and also designated pharmacies.

North West Wales NHS Trust Substance Misuse Service

Corporate Base, Castellfryn, Star, Nr.Gaerwen, Ynys Môn
Telephone: 01248 718030

E-mail: smsreferrals@nww-tr.wales.nhs.uk

- See also pharmacies under needle exchange section.

Libraries & I.T. Access

Lon Glascoed Library

Lon Glascoed, Cemaes Bay,
Gwynedd LL67 0HS
Telephone: 01407 711025

Holyhead Library

Newry Fields, Holyhead,
Gwynedd LL65 1LA
Telephone: 01407 762917

Amlwch Library

Bull Bay Road, Amlwch,
Gwynedd LL68 9EA
Telephone: 01407 830145

Benllech Library

Telephone: 01248 852348

Beaumaris Library

Telephone: 01248 810659

Cemaes Bay Library

Telephone: 01407 711025

Llangefni Library

Telephone: 01248 752095

Moelfre Library

Telephone: 01248 410331

Menai Bridge Library

Telephone: 01248 712706

Newborough Library

Telephone: 01248 440770

Rhosneigr Library

Telephone: 01407 811293

Mental Health

Ynys Môn Community Mental Health Team

Provides community based mental health services for adults with severe or enduring mental health problems and alcohol problems. Can refer clients on to a dedicated worker.

Craig Hyfryd

Cambria Street, Holyhead LL65 1NH
Telephone: 01407 764231/ 760209

Hafod Lâs

24 High Street, Llangefni LL77 7TS
Telephone: 01248 750292/ 191

St David's Priory Resource Centre

Richmond Hill, Holyhead, Ynys Mon LL65 2HH
Telephone: 01407 761611

Needle Exchange

Services provided that offer exchange of used needles for sterile needles. Also offer advice and information on harm minimisation and safe sexual health practices.

Pharmacies

Glanrafon Surgery

Queen Street, Amlwch,
Gwynedd

L Rowland & Co

6 Queen Street, Amlwch,
Gwynedd

L Rowland & Co

40 Castle Street, Beaumaris,
Gwynedd

Boots The Chemist

29 Market Street, Holyhead,
Gwynedd

L Rowland & Co

18-20 Market Street,
Holyhead, Gwynedd

L Rowland & Co

The Pharmacy,
Llanfairpwll, Gwynedd

Boots The Chemist

4 High Street, Llangefni,
Gwynedd

L Rowland & Co

19 High Street,
Menai Bridge, Gwynedd

David Barlow

The Pharmacy, High Street,
Rhosneigr, Gwynedd

Valchem Ltd

Valley Pharmacy, Valley,
Gwynedd

NHS Services

GP Surgeries

Cambria Surgery

Ucheldre Avenue, Holyhead,
Ynys Môn LL65 1RA
Telephone: 01407
764239/762735

Coed Y Glyn Surgery

Church Street, Llangefni,
Ynys Môn LL77 7DU
Telephone: 01248 722229

Glan Menai Surgery

Llanerchymedd,
Ynys Môn LL71 8DA
Telephone: 01248 470213

Gerafon Surgery

Benllech,
Ynys Môn LL74 8TF
Telephone: 01248 852122

Meddygfa Talybont

43-47 High Street, Llangefni,
Ynys Môn LL77 7NA
Telephone: 01248 722105

Glanrafon Surgery

Amlwch,
Ynys Môn LL68 9AG
Telephone: 01407 830235

Cemaes Surgery

High Street, Cemaes Bay,
Ynys Môn LL67 0HU
Telephone: 01407 710251

Meddygfa Star Surgery

Star, Gaerwen,
Ynys Môn LL60 6AH
Telephone: 01248 714533

Meddygfa Victoria

Holyhead,
Ynys Môn LL65 1UD
Telephone: 01407 762713

The Surgery

Bro'r Ysgol, Bodedern,
Ynys Môn LL65 1UR
Telephone: 01407 740242

Valley Pharmacy

London Road, Valley,
Ynys Môn LL65 3NP
Telephone: 01407 740706

Parc Glas

Bodorgan,
Ynys Môn LL62 5NW
Telephone: 01407 840294

Bronllys

Gaerwen,
Ynys Môn LL60 6BP
Telephone: 01248 421645

Meddygfa Maelog

Llanfaelog, Tŷ Croes,
Ynys Môn LL63 5SS
Telephone: 01407 810313

The Health Centre

Beaumaris,
Ynys Môn LL58 8EA
Telephone: 01248 810818
Head of Practice: Richards G

The Health Centre

Llanfairpwll,
Ynys Môn LL61 5YZ
Telephone: 01248 714388

Penbryn

Dwyran, Brynsiencyn
Ynys Môn LL61 6YD
Telephone: 01248 430253

The Surgery

Longford Road, Holyhead,
Ynys Môn LL65 1TR
Telephone: 01407 762341

The Surgery

Gwalchmai,
Ynys Môn LL65 4RS
Telephone: 01407 720202

Ardwyn

Aberffraw, Ty Croes
Ynys Môn LL65 5DJ
Telephone: 01407 840533

The Surgery

Bryn Gwran,
Ynys Môn LL65 3SW
Telephone: 01407 720798

Dental Services

Surgeries

Dental Surgery

8 Bridge Street,
Menai Bridge, Ynys Môn
LL59 5DW
Telephone: 01248 716666

Dental Surgery

Bangor Road, Benllech,
Ynys Môn LL74 8QJ
Telephone: 01248 852338

Dental Surgery

Longford Road, Holyhead,
Ynys Môn LL65 1TR
Telephone: 01407 763455

Glyn Derw

53 High Street, Llangefni,
Ynys Môn LL77 7NA
Telephone: 01248 722365

Preswylfa Dental Practice

Glanhwfa Road, Llangefni,
Ynys Môn LL77 7EN
Telephone: 01248 750010

The Old Lookout

Cemaes Bay,
Ynys Môn LL67 0NF
Telephone: 01407 710491

Dental Surgery

4 Salem Street, Amlwch,
Ynys Môn LL68 9BP
Telephone: 01407 830281

Dental Surgery

2 Boston Terrace, Valley,
Ynys Môn LL65 2SS
Telephone: 01407 741730

Dental Surgery

28 Thomas Street, Holyhead,
Ynys Môn LL65 1RR
Telephone: 01407 763399

Dental Surgery

5 Askew Street, Menai
Bridge, Ynys Môn LL59 5EG
Telephone: 01248 712925

Dental Surgery

57 High Street Llangefni,
Ynys Môn LL77 7NA
Telephone: 01248 722223

North West Wales NHS Trust

Hospitals

Bron y Garth Hospital

Telephone: 01766 770310

Bryn Beryl Hospital

Telephone: 01758 701722

Cefni Hospital

Telephone: 01248 750117

Eryri Hospital

Telephone: 01286 672481

Llandudno General Hospital [A&E]

Telephone: 01492 860226

Penrhos Stanley

Telephone: 01407 766000

Ysbyty Gwynedd [A&E]

Telephone: 01248 384384

Police Stations

If you need Police assistance in an EMERGENCY, you should always dial 999.

This system is for real emergencies only, where there is an immediate threat to life or to property.

Please use it responsibly so that those with a real emergency can get through.

For all non-urgent calls to North Wales Police, please telephone:

0845 607 1001 - Welsh

0845 607 1002 - English

Residential Rehabilitation

There are no residential rehabilitation services in this area.

Please see the Substance Misuse Service for a referral.

North West Wales NHS Trust Substance Misuse Service

Corporate Base,

Castellfryn, Star,

Nr.Gaerwen, Ynys Môn

Telephone: 01248 718030

E-mail: smsreferrals@nww-tr.wales.nhs.uk

Self Help Groups

Again

St Davids Priory, Richmond Hill,

Holyhead, Yns Môn LL65 2HH

Telephone: 01407 761611

Self help group for people experiencing problems with alcohol

Alcoholics Anonymous

The Church Hall, Eleanor Street,

Twthill, Bethesda, Gwynedd

Thursday 19:30 hrs Group name (Big Book Study) last Thursday of each month

Friday 20:00 hrs Group name (Bethesda)

Saturday 19:30 hrs Group name (Caernarfon)

St Mary's Church Hall

Holyhead, Anglesey

Thursday 19:30 hrs Group name (Holyhead)

St Joseph's Catholic Church

Llangefni, Gwynedd

Monday 19:30 hrs Group name (Llangefni)

Tuesday 11:00 hrs Group name (Lunchtime)

St Anne's Catholic Church Hall

Menai Bridge, Gwynedd

Friday 12:00 hrs Group name (Lunchtime)

Last Friday of each month

Sunday 19:30 hrs

110 Stryd Fawr

High Street, Porthmadog, Gwynedd

Friday 20:00 hrs Group name (Porthmadog)

Social Services

Housing and Social Services Department

Isle of Anglesey County Council

Council Offices, Llangefni, Gwynedd LL77 7TW

Telephone: 01248 752700

Substance Misuse Services

North West Wales NHS Trust Substance Misuse Service

Corporate Base,

The Old Surgery, Castellfryn, Star, Nr. Gaerwen, Ynys Mon, Gwynedd

Telephone: 01248 718030

www.nww-tr.nhs.wales.uk

Provides a range of effective, specialist interventions from a number of bases throughout North West Wales. Including:- psychological interventions, counselling services, harm minimisation advice/ information, specialist training, advocacy, specialist medical interventions (tier 2, 3 & 4), providing substitute prescribing, symptomatic prescribing, relapse prevention prescribing, motivational interviewing and care/support packages.

Drug Services

Treatment for people who use illicit substances

Substitute prescribing by GPs

Specialist drug clinics providing medical and other treatment interventions

Detoxification services: residential and community

Alcohol Services

Provides a full range of alcohol treatment interventions

Detoxification services: residential and community

Clinical nurse specialist (specialised interventions for medical problems resulting from alcohol use)

Criminal Justice Services

Arrest referral: providing assessment and evidence based treatment for people who are arrested as a result of their illicit drug use

Drug treatment & testing orders and drug rehabilitation requirements

Treatment for people who have been sentenced to the above

Specialist Young Persons Services

Offering a range of services to people under 20 years old

Youth Offending Team services

Provides a full range of treatment interventions for young people with legal problems who use drugs or alcohol in a problematic way

Specialist prevention worker

Specialist health screening, assessments and treatment for young people involved in the social care environment, for substance misuse and mental health

Dual Diagnosis Service

Services for drug users with mental health problems

(i) assessment- assistance with care planning

(ii) advice, co-working

(iii) clinical work- case management

Relapse Prevention Services

CARAT work
Naltrexone therapy
Group work

One-to-one work:
counselling
Peer support services
Link into employment

Link into education
Practical interventions
Links to/liaison with other
agencies

Midwifery Services

Delivers full comprehensive treatment packages during pre and post natal periods in substance misusers lives.

Voluntary Work**Anglesey Volunteer Bureau**

Medrwn Môn, County Offices,
Glanhwfa Road, Llangefni,
Gwynedd LL77 7EN
Telephone: 01248 724944

Accommodation & Housing

A range of Agencies providing supported housing and accommodation for a wide range of client groups including people with drug and alcohol problems.

CAIS

Supported housing for people with substance misuse problems

Conwy & Denbighshire

The Dawn Centre
35-37 Princes Drive, Colwyn Bay LL29 8PD
Telephone: 01492 523690
www.cais.co.uk

Nacro Cymru

1 Trinity Square, Llandudno, Conwy LL30 2PY
Telephone: 01492 860437

Conwy County Borough Council

Colwyn Area Housing Office

41 Conway Road, Colwyn Bay,
Conwy LL29 7AA
Email: housing.enquiries@conwy.gov.uk

Llandudno Area Housing Office:

Town Hall, Lloyd Street, Llandudno,
Conwy LL30 2UY
Telephone: 01492 574031
Email: housing.enquiries@conwy.gov.uk

Conwy Housing Options and Support Team (Host) for Homelessness

26 Castle Street, Conwy LL32 8AY
Telephone: 01492 576272
Email: housing.enquiries@conwy.gov.uk

North Wales Housing Association Ltd

Plas Blodwel, Broad Street, Llandudno Junction, Conwy LL31 9HL
Telephone: 01492 572202
www.nwha.org.uk

Cymdeithas Tai Hafan

9 Coed Pella Road, Colwyn Bay, Conwy LL29 7AT
Telephone: 01492 535381
5 self-contained properties of temporary supported housing for vulnerable women and children

Conwy Young Women's Project

This project supports and houses 5 vulnerable young women, between the ages of 16 and 21, also young women who are pregnant, or with a young child, are supported.

Cymdeithas Tai Hafan

7 Cadwgan Road, Old Colwyn, Colwyn Bay, Conwy LL29 9PY
Telephone: 01492 536246

Clwyd Alyn Housing Association:

Provides supported housing within the Conwy area
Head Office
46 - 54 Water Street, Rhyl, Denbighshire LL18 1SS
Telephone: 01745 357100
E-mail: info@clwydalyn.co.uk

Independent Housing Advice

Shelter Cymru

Surgeries

Monday 10:00 am - 1:00 pm

Dawn Centre
35-37 Princes Drive, Colwyn Bay

Monday 2:00 pm - 4:00 pm

Abergele CAB
Bridge St, Abergele

Monday 1:00 pm - 3:00 pm

LLanrwst Library, Plas y Dre,
Station Rd, Llanrwst

Thursday 10:00 am - 1:00 pm

Llandudno CAB
Abbeydale, 24 Trinity Square, Llandudno

All advice sessions are by appointment only. Tel: 01492 523696

Advice and Information

Dawn Centre

35-37 Princes Drive, Colwyn Bay, Conwy
Telephone: 01492 523690
www.dawn-partnership.org.uk

Channel User Forum

A service user's advocacy that provides information from service users that is then relayed into the appropriate channels

35-37 Princes Drive, Colwyn Bay, Conwy
Telephone: 07913 528332

REACH

Advice and information around homelessness and the issues that affect it. Aims to increase service user participation in outreach projects and service user initiatives.

Norfolk House,
39 Princes Drive, Colwyn Bay, Conwy LL29 8PF
Telephone: 01492 534090

Citizens Advice Bureau

Provides advice and information on a number of issues from housing to welfare advice.

The Metropole

Basement Offices, Penrhyn Road, Colwyn Bay, Conwy LL29 8LG
Telephone: 0845 4503060
www.adviceguide.org.uk

Samaritans

Confidential Listening and Support - not just for the suicidal.

North West Wales,
5A Llys Onnen, Parc Menai
Bangor, Gwynedd
LL57 4DF
Phone: 01248 674985
jo@samaritans.org
www.samaritans.org

Young Persons Substance Misuse Service

Based at Youth Offending Team,
Conway Road, Colwyn Bay, Conwy
Telephone: 01492 536079

Nacro Cymru Youth Choices

23a Abergele Road, Colwyn Bay, Conwy LL29 7XS
Telephone: 01492 535520
Nacrocyrmru.northwalesnct@tesco.net

Community Drug and Alcohol Team

The Community Drug & Alcohol Service aims to reduce the risks and damage caused by drugs or alcohol to individuals, families and the local community.

They work in partnership with other agencies to improve the health and social welfare of service users by offering treatment and care.

The services available are as follows:

- Advice & information
- Assessment
- Counselling
- Relapse prevention
- Harm minimisation
- Community detoxification or in-patient detoxification unit
- Titration clinic for methadone prescription
- Prescribed medication maintenance
- Advice on sexual health
- Residential rehabilitation placements
- Auricular acupuncture

7 Brighton Road, Rhyl, Denbighshire LL18 3EY

Telephone: 01745 338868

These services fall under the Denbighshire provision, see Denbighshire County section.

Complementary Therapies

Healing Tao Britain

A range of relaxation and healing techniques designed to increase energy and relax body and mind.

7 Miners Lane, Old Colwyn, Conwy LL29 9HG

Telephone: 01492 515776

barryspendlove@fairadsl.co.uk

North Wales Clinic Of Relaxation

A relaxation clinic that offers a number of complementary therapies including, jin shin jyutsu, stress management, massage, acupressure, aromatherapy, relaxation, sports injuries and counselling.

Roslyn, The Promenade, Llanfairfechan, Gwynedd LL33 OBU

Telephone: 01248 680362

www.bullnet.co.uk

Therapy Wales

A clinic offering a wide range of therapies delivered by professionally qualified therapists, as well as a variety of courses and lectures centred on complementary medicines and therapies.

www.therapywales.co.uk

The Libra Centre

A specialist clinic offering services focused around personal growth through understanding of life through empowerment and holistic development.

Bangor Road, Penmaenmawr, Gwynedd

Telephone: 01492 621076

www.thelibracentre.com

Sandra Kelly Aromatherapy Clinic

Bron Haul, Aberconwy, Llangwstenin,

Llandudno Junction, Conwy LL31 9JF

Telephone: 01492 584569

Counselling

CAIS

Offers a counselling service to people with drug or alcohol problems. They also provide support to individuals who are affected by another person's drug/alcohol use.

The Dawn Centre

35-37 Princes Drive, Colwyn Bay LL29 8PD

Telephone: 01492 523690

The Young Person's Substance Misuse Service

68 Conway Road, Colwyn Bay, Conwy LL29 7LD

Telephone: 01492 536079

MIND

Offer a range of counselling services and self help groups from drug and alcohol addiction and mental health to self harm and stress management.

3 Trinity Square, Llandudno, Conwy LL30 2PY

Telephone: 01492 879907

www.mindaberconwy.co.uk

Cruse

A national charity set up to support individuals at times of bereavement providing support, free information and counselling.

Cruse (Young People's Helpline)

Telephone: 0808 8081677

www.cruse.cymru@care4free.net

Colwyn Women's Aid

Confidential support, information, counselling and a safe refuge for any woman experiencing domestic violence or abuse.

Metropole Buildings, Penrhyn Road,

Colwyn Bay, Conwy LL29 8LG

Telephone: 01492 534705

www.colwynwomensaid.demon.co.uk

Relate

Relationship Counselling, Sex Therapy, Family Mediation

8 Rivieres Avenue, Colwyn Bay, Conwy LL29 7DP

Telephone: 01492 533920

www.relate.org.uk

Detox

Community detox or in-patient detox is available from the Community Drug and Alcohol Team in Denbighshire County.

7 Brighton Road, Rhyl, Denbighshire LL18 3EY

Telephone: 01745 338868

DIP Provision

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Education

Coleg Llandrillo Cymru

Llandudno Road, Rhos-on-Sea, Colwyn Bay, Conwy LL28 4HZ
Telephone: 01492 546666
Email: admissions@llandrillo.ac.uk

Family and Community Learning

Coleg Llandrillo
Llandudno Road, Rhos-on-Sea, Colwyn Bay, Conwy LL28 4HZ
Telephone: 01492 546666 ext. 537

Llandudno Community Learning Centre

50 Madoc Street, Llandudno, Conwy LL30 2TW
Telephone: 01492 874627

Coleg Harlech WEA

Specialises in tailored courses to suit adults' needs. Courses range from community learning, work based learning and voluntary sector training.
11-13 Wynnstay Road, Colwyn Bay, Conwy LL29 8NB
Telephone: 01492 536693

Careers Wales

25 Stryd Y Capel, Llandudno, Conwy LL30 2SY
Telephone: 01492 871900

Employment & Training

Jobcentre Plus

45a Conway Rd, Colwyn Bay, Conwy LL29 7HT
Telephone: 01492 614100

Recruitment Agencies

Jobs@Pertemps Ltd

Telephone: 01492 530520
76 Abergele Rd, Colwyn Bay, Conwy LL29 7PP

Step Forward

Telephone: 01492 532887
Nant y Glyn Rd, Colwyn Bay, Conwy LL29 7RB

Supertemps

Telephone: 01492 517602
276 Abergele Rd, Old Colwyn, Colwyn Bay, Conwy LL29 9LN

Lesiter Burgess Employment Consultancy

Telephone: 01492 872664
Tŷ Tyldesley, Clarence Rd, Llandudno, Conwy LL30 1TW

Donoghue-Brown Recruitment

Telephone: 01492 873777
23 Trinity Square, Llandudno, Conwy LL30 2RH

Randstad Employment Bureau Ltd

Telephone: 01492 510335
Plas Eirias, Heritage Gate, Colwyn Bay, Conwy

Atebion Recruitment Ltd

Telephone: 01492 872211
29 Lloyd Street, Llandudno, Conwy LL30 2YA

Jobcentre Plus

Telephone: 01492 613000
29-31 Chapel St, Llandudno, Conwy LL30 2SS

Working Links

Works closely with individuals to help them back into work by breaking down barriers and making finding employment achievable.

- St Paul's Institute, Rhiw Road, Colwyn Bay, Conwy, North Wales, LL29 7TG
0800 917 9262
www.workinglinks.co.uk

Duke of Edinburgh's Award

Aims to build confidence and develop skills to all young people, including young offenders, special needs young people and the socially excluded.

CAIS**Progress2Work**

This offers intensive support and guidance for people who have had substance misuse issues to find suitable training, education, or employment.

The Dawn Centre

35-37 Princes Drive, Colwyn Bay, Conwy LL29 8PF
Telephone: 01492 523690

Nacro Cymru

23a Abergele Road, Colwyn Bay, Conwy LL29 7XS
Telephone: 01492 534674

Getting a Prescription

For advice & information on prescriptions individuals must see the Community Drug & Alcohol Team for Denbighshire County.

7 Brighton Road, Rhyl, Denbighshire LL18 3EY
Telephone: 01745 338868

Hepatitis C, B and HIV

General advice and information on HIV, Hepatitis B, and C is available, See Harm Reduction Team for Denbighshire County.

Hayley	07748 788173	Office telephone number 01244 818513
Mel	07748 788163	
Colin	07748 788164	
Claire	07748 788165	

Homelessness Services**Shelter Cymru**

Provides advice and support around housing issues. There is also a provision for legal advice. For more information on specific services contact the following:

Dawn Centre

35-37 Princes Drive, Colwyn Bay, Conwy LL29 8PD
Telephone: 01492 523690

Libraries & I.T. Access

Colwyn Bay Library

Woodland Rd West,
Colwyn Bay,
Conwy LL29 7DH
Telephone: 01492 532358

Conwy County Borough Council

Archive Service Headquarters,
Bodlondeb,
Conwy LL32 8DU
Telephone: 01492 576140

Conwy Library

Town Hall, Castle Street,
Conwy LL32 8AY
Telephone: 01492 596242

Llandudno Junction Library

Maes Derw,
Llandudno Junction,
Conwy LL31 9AL
Telephone: 01492 582266

Llanfairfechan Library

Village Road, Llanfairfechan,
Gwynedd LL33 0AA
Telephone: 01248 681014

Modern Records Centre

Old Lloyd Street School,
Lloyd Street, Llandudno,
Conwy LL30 2YG
Telephone: 01492 860882

Penrhyn Bay Library

Llandudno Road, Penrhyn
Bay, Conwy LL30 3HN
Telephone: 01492 548873

Deganwy Library

Station Road, Deganwy,
Conwy LL31 9EX
Telephone: 01492 584705

Llandudno Library

Mostyn Street, Llandudno,
Conwy LL30 2RS
Telephone: 01492 574010

Llanrwst Library

Plough Street, Llanrwst,
Gwynedd LL26 0AG
Telephone: 01492 640043

Penmaenmawr Library

Bangor Road, Penmaenmawr,
Gwynedd LL34 6DA
Telephone: 01492 623619

Mental Health

Step Forward (Mental Health Services) Ltd.

10 Nant Y Glyn Rd, Colwyn Bay,
Conwy LL29 7RB
Telephone: 01492 532887

Hafal

Mental Health Resource Centre,
Nant y Gamar Road, Craig-y-Don,
Llandudno, Conwy LL30 1YE
Telephone: 01492 860926

MIND

3 Trinity Square, Llandudno,
Conwy LL30 2PY
Telephone: 01492 879907
www.mindaberconwy.co.uk

Needle Exchange

Services provided that offer exchange of used needles for sterile needles. Also offer advice and information on harm minimisation and safe sexual health practices.

Lloyds Pharmacy

17 Market Street,
Abergele LL22 7AG
Telephone: 01492 530298

Rowlands Pharmacy

24 High Street,
Conwy LL32 8DE
Telephone: 01492 592418

Boots Pharmacy

9 Victoria Centre,
Mostyn Street,
Llandudno, Conwy

Lloyds Pharmacy

Ground Floor Premises,
Mostyn Broadway,
Llandudno, Conwy
Telephone: 01745 342001

Moss Pharmacy

17 Queens Road,
Llandudno,
Conwy LL30 1AZ
Telephone: 01492 876546

Moss Pharmacy

160 Conway Road,
Llandudno Junction,
Conwy LL31 9ND
Telephone: 01492 581153

Moss Pharmacy

Hall Bank,
Village Road, Llanfairfechan,
Gwynedd LL33 0AA
Telephone: 01745 824778

Moss Pharmacy

Denbigh Street, Llanrwst,
Gwynedd LL26 0LL
Telephone: 01492 680623

Mobile Needle Exchange

Landsdowne Road Car Park, Colwyn Bay

07748 788163

Monday and Thursday

1:30 pm - 3:30 pm

NHS Services

GP Surgeries

Craig Y Don Medical Practice

Clarence Road, Craig Y Don,
Llandudno, Conwy LL30 1TA
Telephone: 01492 864540

Drs U.K. & S. Bisarya

16 Wynn Avenue
Old Colwyn, Colwyn Bay,
Conwy LL29 9RF
Telephone: 01492 515500

Bodreinalt

Castle Street,
Conwy LL32 8AT
Telephone: 01492 593385

158 Conway Road

Llandudno Junction,
Conwy LL31 9DU
Telephone: 01492 593385

Cadwgan Surgery

11 Bodelwyddan Avenue,
Old Colwyn, Colwyn Bay,
Conwy LL29 9NP
Telephone: 01492 515410/
515787

Kinmel Bay Medical Centre

The Square, Kinmel Bay,
Rhyl, Denbighshire
LL18 5AU
Telephone: 01745 353965

Llys Meddyg

23 Castle Street,
Conwy LL32 8AY
Telephone: 01492 592424

Lonfa

Glyn y Marl Road,
Llandudno Junction,
Conwy LL31 9NS
Telephone: 01492 581172

Meddygfa

Cerrigydrudion,
Nr Corwen,
Conwy LL21 9UB
Telephone: 01490 420210

Meddygfa

Betws y Coed,
Gwynedd LL24 0BB
Telephone: 01690 710205

Meddygfa Gyffin

Woodlands, Gyffin,
Conwy LL32 8LT
Telephone: 01492 596381

Mostyn House Medical Practice

Mostyn Broadway,
Llandudno, Conwy LL30 1YL
Telephone: 01492 860401

Plas Menai Surgery

Penmaenmawr Road,
Llanfairfechan,
Conwy LL33 0PE
Telephone: 01248 680021

Llys Meddyg

Paradise Road,
Penmaenmawr,
Conwy LL34 6AS
Telephone: 01492 623191

Rhoslan

4 Pwllcrochan Avenue,
Colwyn Bay,
Conwy LL29 7DA
Telephone: 01492 532125

Rysseldene Surgery

98 Conway Road,
Colwyn Bay,
Conwy LL29 7LE
Telephone: 0844 4778574

The Medical Centre

Plas Penrhyn, Penrhyn Bay,
Llandudno LL30 3EU
Telephone: 01492 549368

The Medical Centre

York Road, Deganwy,
Conwy LL32 8AT
Telephone: 01492 583304

The Surgery

Kinmel Avenue, Abergele,
Conwy LL22 7LP
Telephone: 01745 833158

The Surgery

Scotland Street,
Llanrwst, Conwy LL26 0AL
Telephone: 01492 640411

Tyn-y-Coed Surgery

61 Conway Road,
Colwyn Bay,
Conwy LL29 7LG
Telephone: 01492 533806

West Shore Surgery

9 Bryniau Road,
Llandudno, Conwy
LL30 2BL
Telephone: 01492 872915

Dental Services Surgeries

Abbotsford

Great Orme's Road,
Llandudno LL30 2AR
Telephone: 01492 878444

Abergele Dental Surgery

Groes Llwyd,
Abergele LL22 7TA
Telephone: 01745 832279

Belmont House Dental Practice

32 Colwyn Avenue,
Rhos on Sea LL28 4RB
Telephone: 01492 547223

Conwy Valley Dental Practice

42 Station Road,
Llanrwst LL26 0BT
Telephone: 01492 640418

Deganwy Dental Practice

Station Road,
Deganwy LL31 9EJ
Telephone: 01492 580099

Grosvenor Dental Surgery

3 Grosvenor Road,
Colwyn Bay LL29 7YF
Telephone: 01492 532796

Inver House Dental Practice

6 Glan Y Mor Road,
Penrhyn Bay LL30 3NL
Telephone: 01492 543258

Israig

Rosehill Street,
Conwy LL32 8LD
Telephone: 01492 592779

Llanrwst Dental Practice

24a Walting Street,
Llanrwst, Conwy
Telephone: 01492 641000

Rhos Road Dental Health Practice

55 Rhos Road,
Rhos on Sea LL28 4RY
Telephone: 01492 544187

Drs. Morris & Percy Hughes

Shirley
Mostyn Avenue,
Llandudno LL30 1YY
Telephone: 01492 876467

Telford House Family Dental Health Centre

3 York Place,
Conwy LL32 8AB
Telephone: 01492 596520

The Dental Centre

38 Seaview Road,
Colwyn Bay LL29 8DG
Telephone: 01492 533785

The Dental Practice

Medical Hall, Pant yr Afon
Penmaenmawr LL34 6BA
Telephone: 01492 623475

West End Dental Clinic

104 Conwy Road,
Colwyn Bay LL29 7LL
Telephone: 01492 532168

White Gables Dental Practice

96 Conway Road,
Colwyn Bay LL29 7LE
Telephone: 01492 532554

Wynnstay Road Dental Practice

7 Wynnstay Road,
Colwyn Bay LL28 8NB
Telephone: 01492 533356

Dental Surgery

1 Chapel Street
Abergele,
Conwy LL22 7AW
Telephone: 01745 826885

Dental Surgery

10A Seaview Road
Colwyn Bay,
Conwy LL29 8DG
Telephone: 01492 533856

Dental Surgery

3a Madoc Street
Llandudno,
Conwy LL30 2TL
Telephone: 01492 870525

Dental Surgery

49 Madoc Street
Llandudno,
Conwy LL30 2TW
Telephone: 01492 876405

Conwy & Denbighshire NHS Trust Hospitals

Abergele Hospital

Telephone: 01745 832295

Ablett Unit

Telephone: 01745 583910

Bodnant EMI Unit

Telephone: 01492 862347

Colwyn Bay Community Hospital

Telephone: 01492 515218

Denbigh Infirmary

Telephone: 01745 818100

Glan Clwyd Hospital [A&E]

Telephone: 01745 583910

Glantraeth Day Hospital

Telephone: 01745 443000

H.M. Stanley Hospital

Telephone: 01745 583275

Hafod Mental Health Resource Centre

Telephone: 01745 443050

Llangollen Hospital

Telephone: 01978 860226

Nant Y Glyn Health Resource Centre

Telephone: 01492 532164

Prestatyn Community Hospital

Telephone: 01745 443000

Royal Alexandra Hospital

Telephone: 01745 443000

Ruthin Hospital

Telephone: 01824 707243

North Wales Probation (Conwy Area)

Head Office

Alexandra House
Abergele Road
Colwyn Bay LL29 9YF
Telephone: 01492 513413

Youth Offending Team

Conwy & Denbighshire
68 Conway Road
Colwyn Bay
Conwy LL29 7LD
Telephone: 01492 523500

Police Stations

If you need Police assistance in an EMERGENCY, you should always dial 999. This system is for real emergencies only, where there is an immediate threat to life or to property. Please use it responsibly so that those with a real emergency can get through.

For all non-urgent calls to North Wales Police, please telephone:

0845 607 1001 - Welsh

0845 607 1002 - English

Residential Treatment

Touchstones12

A residential rehabilitation centre that provides an abstinence based 12 step programme for people suffering from alcohol or drug dependency. Also focuses on support and resettlement of individuals through housing, education and life skills.

Touchstones12

39 Princes Drive
Colwyn Bay
Conwy LL29 8PF
Telephone: 01492 534090
www.touchstones12.org.uk

Self-Help Groups

Alcoholics Anonymous

Regular meetings for individuals who have experienced problems with alcohol. Based on the 12 steps approach, individuals must abstain from drinking.

St Michael's Catholic Church
Rosemary Lane
Conwy LL32
Telephone: 0845 7697555
Monday: 13:00 hrs

Sexual Health

Llandudno

GUM (Genito-Urinary Medicine)

Llandudno General Hospital

Department of GUM

Clinics 11, 12 & 13

Llandudno

Conwy

LL30 1LB

Tel: 01492 860066 Ext. 2360

Tel: 01248 37076 Recorded message giving clinic times/locations

Opening times:

Thursday: 1.30 pm onwards

Family Planning Clinic

Health Clinic

Argyll Road

Llandudno

Conwy

LL30 1DF

Tel: 01492 862001

Family Planning Clinic

Colwyn Bay Community Hospital

Outpatients Building

Hesketh Road

Colwyn Bay

Conwy

LL29 8AY

Tel: 01492 515218

(There is a special young people's clinic here every Thursday 6.30 pm - 8.00 pm)

Llandudno, Argyll Road Clinic

01492 862001

Every Tuesday Evening 6.00 pm - 7.30 pm

(There is a special young people's clinic here every Tuesday 3.00 pm - 5.30 pm)

Llanrwst, Health Centre, Watling Street -

01492 640345

Every 1st and 3rd Friday monthly

12.00 noon - 1.30 pm

(There is a special young people's clinic here every Wednesday from 2.30 pm - 5.00 pm)

Social Services

Conwy County Borough Council

Social Services

Bodlondeb

Bangor Road

Conwy

LL32 8DU

Telephone: 01492 574000

Voluntary Work

SOVA

SOVA is a National Voluntary Organisation and Charity with experience of recruiting and training volunteers. The main aim of SOVA is to work with offenders, ex-offenders, those at risk of offending, and clients with drug and alcohol issues. Mentors assist clients by supporting and empowering them. Practical support can include help with housing and homelessness issues, literacy and numeracy skills, debt/budgeting advice, job search, letter/CV writing, transport and help to ex-offenders who experience difficulties in gaining employment due to their criminal record.

The DAWN Centre

35-37 Princes Drive

Colwyn Bay

Conwy

LL29 8PD

Telephone: 01492 523695

Criminal Justice Partnership

Nacro Cymru

23a Abergele Road

Colwyn Bay

Conwy

LL29 7XS

Telephone: 01492 534674

A.C.T

Touchstones12

Norfolk House Hotel

39 Princes Drive

Colwyn Bay

Conwy

LL29 8PF

Telephone: 01492 534090

CVSC Head Office

8 Rivières Avenue

Colwyn Bay

Conwy

LL29 7DP

Telephone: 01492 534091

WCVA

13 Wynnstay Road

Colwyn Bay

Conwy

LL29 8NB

Telephone: 01492 539 816

Conwy Volunteer Bureau

Madoc Street

Llandudno

Conwy

Accommodation & Housing

Nacro Cymru Housing

1 Trinity Square , Llandudno, Conwy LL30 2PY

Telephone: 01492 860437

Nacro Cymru Housing for Denbigh can be contacted through the Llandudno office.

Clwyd Alyn Housing Association

46-54 Water Street, Rhyl, Denbighshire LL18 1SJ

Telephone: 01745 343706

Cymdeithas Tai Clwyd

54 Vale Street, Denbigh, Denbighshire LL16 3BW

Telephone: 01745 815661

Corlan Housing Association

Tŷ Gwyn Jones, Rhuddlan Road, Abergele, Conwy LL22 7HQ

Telephone: 01745 825839

Independent Housing Advice

Co-Op Building, Victoria Avenue, Prestatyn, Denbighshire

Monday 10:00am-3:00pm

Appointments only - Telephone: 01745 361444

Tuesday 10:00 am - 1:00 pm

Appointments only - Telephone: 01745 361444

Thursday 10:00 am - 1:00 pm

Appointments only - Telephone: 01745 361444

Friday 10:00 am - 1:00 pm

Appointments only - Telephone: 01745 361444

Unit 4, Station Buildings, Bodfor Street, Rhyl, Denbighshire

Thursday 1:00 pm - 3:00 pm

Appointments only - Telephone: 01745 361444

Rural Denbighshire

Appointments are available in certain areas

Please telephone 01978 353649 for details

Denbighshire County Council Homelessness and Housing Advice Service

Fronfraith, Russell House, Churton Road, Rhyl, Denbighshire LL18 3DP

Services also available from the Municipal Offices, Ruthin

Rhyl Night Shelter

Night shelter for 18+years. Homeless Persons Resettlement & Support Project - help with finding accommodation, access to Bond Schemes for accommodation (16+). Deposits: help with accessing support services.

Resettlement & Support Project

68 Wellington Road, Rhyl, Denbighshire LL18 1LA

Telephone: 01745 361728

Advice & Information

Citizens Advice Bureau

Rhyl Citizens Advice Bureau

11 Water Street,
Rhyl,
Denbighshire
Telephone: 0870 126 4070
rhylcab@aol.com

Prestatyn Citizens Advice Bureau

1 Nant Hall Road,
Prestatyn,
Denbighshire
LL19 9LR
Telephone: 0870 126 4071
prestatyncab@aol.com

Samaritans

Confidential Listening and support - not just for the suicidal
North West Wales,
5A Llys Onnen, Parc Menai
Bangor, Gwynedd
LL57 4DF
Phone: 01248 674985
jo@samaritans.org
www.samaritans.org

Community Drug & Alcohol Team

The Community Drug & Alcohol Service aims to reduce the risks and damage caused by drugs or alcohol to individuals, families and the local community.

They work in partnership with other agencies to improve the health and social welfare of service users by offering treatment and care.

The services available are as follows:

- Advice & information
- Assessment
- Counselling
- Relapse prevention
- Harm minimisation
- Community detoxification or in-patient detoxification unit
- Titration clinic for methadone prescription
- Prescribed medication maintenance
- Advice on sexual health
- Residential rehabilitation placements
- Auricular acupuncture

7 Brighton Road
Rhyl
Denbighshire
LL18 3EY
Telephone: 01745 338868

Complementary Therapies

Holistic Health Care

Rhiannon Fennell
31 Pendre Ave,
Prestatyn
LL19 9SH
Telephone: 01745887203

Hypnotherapy

Jean Stevens
48 Clwyd Park
Kinmel Bay
Denbighshire
LL18 5EJ
Telephone: 01745 342544

Counselling

Mary Fisher

1 St Peter's Court,
The Square,
Ruthin,
Denbighshire
LL15 1AA
Telephone: 01824 702404

Women's Aid Groups

26b Wellington Road,
Rhyl,
Denbighshire
LL18 1BN
Telephone: 01745 337104

Detox

Community detox or in-patient detox is available from the Community Drug and Alcohol Team in Denbighshire County.

CDAS

7 Brighton Road,
Rhyl,
Denbighshire
LL18 3EY
Telephone: 01745 338868

DIP Provision

The aim of the Drug Interventions Programme is to reduce drug related crime by accessing more drug misusing offenders, getting them into treatment and supporting them through and after treatment and sentences. Throughcare and aftercare will be implemented by the Criminal Justice Integrated Team model. The aim of the CJIT is to enable a regional integrated approach to working with drug misusers who enter and leave the criminal justice system from the point of arrest through to the end of sentence (community & custodial) and beyond. The CJIT will compliment existing services within North Wales. Referrals to the CJIT will be managed via a single point of contact (01492 533269). An all Wales 24/7 phone line will be offered to service users and others who have concerns or wish to refer themselves to DIP (0800 6 33 55 88).

Education & Training

Duke of Edinburgh Awards

11 Meliden Road
Prestatyn
Denbighshire
LL19 9SB

Duke of Edinburgh Awards

Rhyl Probation Office
At Epworth Lodge
Brighton Road
Rhyl
Denbighshire

Second Chance

Adult Education Centre
Rhyl Library
Church Street
Rhyl
Denbighshire
LL18 3AA
Telephone: 01745 344153

Llandrillo College

Rhyl College
Cefndy Road
Rhyl
Denbighshire
LL18 2HB
Telephone: 01745 354797

Llandrillo College

Middle Lane Centre
Middle Lane
Denbigh
Denbighshire
LL16 3UW
Telephone: 01745 812812

Llysfasi College

Ruthin
Denbighshire
LL15 2LB
Telephone: 01978 790263

Pengwern College

Bodelwyddan Road
Rhuddlan
Denbighshire
LL18 5UH
Telephone: 01745 591876

Pengwern Further Education College

Bodelwyddan Road
Rhuddlan
Denbighshire
LL18 5UH
Telephone: 01745 590281

Employment

Denbigh Jobcentre Plus

34-36 Vale Street
Denbigh
Denbighshire
LL16 3BE
Telephone: 01745 455800

Prestatyn Jobcentre Plus

129 High Street
Prestatyn
Denbighshire
LL10 9SA
Telephone: 01745 455700

Llangollen Jobcentre Plus

32 Castle Street
Llangollen
Denbighshire
LL20 8BR
Telephone: 01978 203910

Rhyl Jobcentre Plus

80 High Street
Rhyl
Denbighshire
LL18 1UB
Telephone: 01745 455900

Brenda Roberts

57 Bro Deg
Ruthin
Denbighshire
LL15 1YQ
Telephone: 01824 704987

Co-Options

Co-Op Building
Victoria Avenue
Prestatyn
Denbighshire
LL19 9DF
Tel: 01745 851454

D Patterson

16 Lon Pendyffryn
Llanddulas
Conwy
LL22 8JQ
Telephone: 01492 517602

Lyn Fattah

6 Clwydian Park Crescent
St Asaph
Denbighshire
LL17 0BJ
Telephone: 01745 730570

**Scout Enterprises
(Western)**

1 Wellington Road
Rhyl
Denbighshire
LL18 1AY
Telephone: 01745 356207

Reach Recruitment

24 Meliden Road
Prestatyn
Denbighshire
LL19 9RT
Telephone: 01745 887500

**Top Temps Secretarial
Agency**

Walnut Tree House
Prestatyn
Denbighshire
LL19 9RA
Telephone: 01745 853853

Working Links

Work towards helping disadvantaged and unemployed people back to work through a number of ways.

- Units 1-2 Station Buildings, Bodfor Street, Rhyl, North Wales, LL18 1AT
- Unit 1 & 1A Westbourne Centre, Wood Road, Rhyl, North Wales, LL181DZ
0800 917 9262
www.workinglinks.co.uk

Getting a Prescription

For advice & information on prescriptions individuals must see the Community Drug & Alcohol Team for Denbighshire County.

7 Brighton Road
Rhyl
Denbighshire
LL18 3EY
Telephone: 01745 338868

Hepatitis B, C & HIV

General advice and information on HIV, Hepatitis B, and C is available, See Harm Reduction Team for Denbighshire County.

Hayley 07748 788173
 Mel 07748 788163
 Colin 07748 788164
 Claire 07748 788165

Office telephone number 01244 818513

Libraries & I.T. Access

Abergele Library

Market Street, Abergele,
 Conwy LL22 7BP
 Telephone: 01745 832638

Cerrigydrudion Library

Parish Hall, Cerrigydrudion,
 Conwy LL21 9SR
 Telephone: 01490 42050

Clwyd Library & Information Services

Well Street, Ruthin,
 Denbighshire LL15 1AF
 Telephone: 01824 705931

Kinmel Bay Library

Community Centre
 Kendal Road, Kinmel Bay,
 Denbighshire LL18 5BT
 Telephone: 01745 353499

Llangollen Library

Parade Street, Llangollen,
 Denbighshire LL20 8PW
 Telephone: 01978 860720

Rhuddlan Library

Vicarage Lane, Rhuddlan,
 Denbighshire LL18 2UE
 Telephone: 01745 590719

St Asaph Library

The Roe, St Asaph,
 Denbighshire LL17 0LU
 Telephone: 01745 582253

Denbigh Library Museum & Gallery

Hall Square, Denbigh,
 Denbighshire LL16 3NU
 Telephone: 01745 816313

Llangernyw Library

Ysgol Bro Cernyw,
 Llangernyw
 Denbighshire LL22 8PP
 Telephone: 01745 860413

Prestatyn Library

Nant Hall Road, Prestatyn,
 Denbighshire
 LL19 9LH
 Telephone: 01745 854841

Ruthin Library

Record Street, Ruthin,
 Denbighshire LL15 1DS
 Telephone: 01824 705274

Mental Health

Community Mental Health Teams

Conwy & Denbighshire

Hafod
 Beechwood Road
 Rhyl
 Denbighshire
 LL18 3EU
 Telephone: 01745 443050

Conwy & Denbighshire – Dyffryn Clwyd

Tim Dyffryn Clwyd
 Noddfa
 Middle Lane
 Ruthin
 Denbighshire
 L L16 3UR
 Telephone: 01745 813138

Conwy & Denbighshire - South

Oakleigh
 Glyndwr
 Abbey Road
 Llangollen
 Denbighshire
 LL20 8SS
 Telephone: 01978 860707

Hafal Denbighshire

Family Support Co-Ordinator
 c/o: Hafod
 Beechwood Road
 Rhyl
 Denbighshire
 LL18 3EU
 Tel: 01745 443050
 E-mail: denbighshire@hafal.org

Needle Exchange

Services provided that offer exchange of used needles for sterile needles. Also offer advice and information on harm minimisation and safe sexual health practices.

L Rowland & Co

Fferyllfa
Vulcan House
Corwen
Denbighshire
LL21 0DE
Telephone: 01490 412141

L Rowland & Co

Regent Pharmacy
12 Regent Street
Llangollen
Denbighshire
LL20 8HW
Telephone: 01978 860657

Boots The Chemist

72-80 High Street
Prestatyn
Denbighshire
LL19 9BE
Telephone: 01745 853475

Lloyds Pharmacy

141 High Street
Prestatyn
Denbighshire
LL19 9AS
Telephone: 01745 853101

Boots The Chemist

Stryd y Castell
Ruthin
Denbighshire
LL15 1DP
Telephone: 01824 703151

Westminster Park

108 Wellington Road
Rhyl
Denbighshire
LL18 1LH
Telephone: 01745 353343

Plas Meddyg Surgery

The Pharmacy
Station Road
Ruthin
Denbighshire
LL15 1BP
Telephone: 01824 703771

Mobile Needle Exchange

There is also a mobile needle exchange service that is available from the Harm Reduction Team. For further information on exchange points contact the following:

Hayley	07748 788173	Office telephone number 01244 818513
Mel	07748 788163	
Colin	07748 788164	
Claire	07748 788165	

NHS Services

GP Surgeries

Beech House Surgery

69 Vale Street, Denbigh
Denbighshire LL16 3AU
Telephone: 01745 812863

Llys Meddyg

North Street, Caerwys
Flintshire CH7 5AW
Telephone: 01352 720160

The Health Centre

The Roe, St Asaph
Denbighshire LL17 0LU
Telephone: 01745 582251

Berllan Surgery

24 Vale Street, Denbigh
Denbighshire LL16 3BL
Telephone: 01745 812689

Bronffynnon Surgery

24 Bridge Street, Denbigh
Denbighshire LL16 3TH
Telephone: 01745 814422

The Surgery

Llansannan, Denbigh
Denbighshire
Telephone: 01745 870240

Central Surgery

Ffordd Pendyffryn, Prestatyn
Denbighshire LL19 9DH
Telephone: 01745 886444

Meliden Community Centre

Ffordd Talargoch, Meliden
Prestatyn, Denbighshire
Telephone: 01745 852165

The Surgery

Main Road, Ffynnongroew
Holywell, Flintshire
CH8 9SL
Telephone: 01745 560322

Clarence House

14 Russell Road, Rhyl
Denbighshire LL18 3BY
Telephone: 01745 350680

Park View Surgery

Off Dyserth Rd, Ffordd Elan
Rhyl, Denbighshire
LL18 4DU
Telephone: 01745 350666

Kings House Surgery

Kings Avenue, Rhyl
Denbighshire LL18 1LT
Telephone: 01745 344189

Lakeside Medical Centre

Wellington Road, Rhyl
Denbighshire LL18 1LR
Telephone: 01745 344680

Madryn House Surgery

6 Madryn Avenue, Rhyl
Denbighshire LL18 4RS
Telephone: 01745 342225

Middle Lane Surgery

Middle Lane, Denbigh
Denbighshire LL16 3UW
Telephone: 01745 816481

Park House Surgery

26 Nant Hall Road
Prestatyn, Denbighshire
LL19 9LN
Telephone: 01745 854496

The Surgery

81 Vale Road, Rhyl
Denbighshire LL18 2PF
Telephone: 01745 353997

Pen-y-Bont Surgery

The Roe, St Asaph
Denbighshire LL17 0LU
Telephone: 01745 583208

Dr Barnsley & Partners

Quarry House, High Street
Dyserth LL18 6AB
Telephone: 01745 570288

Plas Meddyg

Station Road, Ruthin
Denbighshire LL15 1BP
Telephone: 01824 702255

Seabank Drive Surgery

Seabank Drive, Prestatyn
Denbighshire LL19 7PP
Telephone: 01745 852775

The Clinic

Mount Street, Ruthin
Denbighshire LL15 1BG
Telephone: 01824 703633

The Health Centre

Green Lane, Corwen
Denbighshire LL21 0DN
Telephone: 01490 412362

The Health Centre

Vicarage Lane, Rhuddlan
Denbighshire LL18 2UE
Telephone: 01745 590218

Dental Services

Surgeries

Ardent Dental Care

HSBC Bank Chambers
37 High Street
Prestatyn
Denbighshire
LL19 9DN
Telephone: 01745 853817

Bod Heulog

47 Russell Road
Rhyl
Denbighshire
LL18 3DA
Telephone: 01745 342996

Chapel Street Dental Practice

20 Chapel Street
Llangollen
Denbighshire
LL20 8NN
Telephone: 01978 869590

Dental Clinic

Denbigh Infirmary
Ruthin Road
Denbigh
Denbighshire
LL16 3AP
Telephone: 01745 818115

Elwy Dental Practice

7 Elwy Street
Rhyl
Denbighshire
LL18 1BS
Telephone: 01745 353262

67 Russell Road

Rhyl
Denbighshire
LL18 3DH
Telephone: 01745 342127

Ormonde House

Berwyn Street
Llangollen
Denbighshire
LL20 8NB
Telephone: 01978 860682

Ruthin Dental Practice

Clydfan
Market Street
Ruthin
Denbighshire
LL15 1BD
Telephone: 01824 703201

The Dental Surgery

1 Fern Avenue
Prestatyn
Denbighshire
LL19 9DN
Telephone: 01745 887098

The Gables Dental Practice

6 Plas Uchaf Avenue
Prestatyn
Denbighshire
LL19 9NR
Telephone: 01745 854693

The Hollies Dental Practice,

65 Vale Street
Denbigh
Denbighshire
LL16 3AP
Telephone: 01745 813198

The Willows Dental Practice

Minafon
The Roe
St Asaph
Denbighshire
LL17 0LT

Conwy & Denbighshire NHS Trust

Hospitals

Abergele Hospital

Telephone: 01745 832295

Ablett Unit

Telephone: 01745 583910

Bodnant EMI Unit

Telephone: 01492 862347

Colwyn Bay Community Hospital

Telephone: 01492 515218

Denbigh Infirmary

Telephone: 01745 818100

Glan Clwyd Hospital [A&E]

Telephone: 01745 583910

Glantraeth Day Hospital

Telephone: 01745 443000

H.M. Stanley Hospital

Telephone: 01745 583275

Hafod Mental Health Resource Centre

Telephone: 01745 443050

Llangollen Hospital

Telephone: 01978 860226

Nant Y Glyn Health Resource Centre

Telephone: 01492 532164

Prestatyn Community Hospital

Telephone: 01745 853487

Royal Alexandra Hospital

Telephone: 01745 443000

Ruthin Hospital

Telephone: 01824 707243

North Wales Probation (Denbighshire Area)

Courts & Community Supervision Central Substance Misuse Team

ECP Central, Epworth Lodge
Brighton Road, Rhyl
Denbighshire LL18 3HF
Telephone: 01745 344521

Youth Offending Team Conwy & Denbighshire

68 Conway Road, Colwyn Bay
Conwy LL29 7LD
Telephone: 01492 523500

Police Stations

If you need Police assistance in an EMERGENCY, you should always dial 999. This system is for real emergencies only, where there is an immediate threat to life or to property. Please use it responsibly so that those with a real emergency can get through.

For all non-urgent calls to North Wales Police, please telephone:

0845 607 1001 - Welsh

0845 607 1002 - English

Residential Treatment

There is no residential rehabilitation centre in the Denbighshire County but placements for other residential rehabilitation centres can be found by the Community Drug and Alcohol Team.

7 Brighton Road

Rhyl

Denbighshire

LL18 3EY

Telephone: 01745 338868

Self Help Groups

West Rhyl Young People's Project

30 Bedford Street, Rhyl, Denbighshire LL18 1SY

Telephone: 01745 351293

E-mail: info@rhylyouth.co.uk

Anxiety Management Team

Anxiety management group runs at:

Hafod Community Mental Health Team

Beechwood Road, Rhyl, Denbighshire LL18 3EU

Telephone: 01745 443050

Gingerbread

Gingerbread is a self-help group for lone parents and their children, who provide a meeting place, friendship, information and advice, moral and emotional support and practical help.

Pied Piper Childcare Centre

Kingsley Avenue, Rhyl, Denbighshire

Telephone: 01745 337618

www.rhylgingerbread.ik.com

Alcoholics Anonymous

Denbigh

The Day Centre, Denbighshire Infirmary, Ruthin Road, Denbigh, Denbighshire

Wednesday - 20.00 hrs Group Name DENBIGH STEP

Last Wed each month 'open'.

Prestatyn

Church of the Holy Spirit, Victoria Rd, Prestatyn, Denbighshire

Saturday - 20.00 hrs Group Name:PRESTATYN

Last Saturday each month 'open'.

Rhyl

Hafod Mental Health Resource Centre, Beechwood Rd, Rhyl, Denbighshire

Friday - 19.30 hrs Group Name RHYL: THE BUCCANEERS

'Open' meetings on request.

Tuesday - 19.30 hrs Group Name RHYL: THE BUCCANEERS

'Open' meetings on request

Rhyl

Salvation Army Citadel, Windsor St, Rhyl, Denbighshire

Friday - 12.00 noon Group Name RHYL: LIVING SOBER

All meetings 'open'.

Sexual Health

RHYL**CONWY AND DENBIGHSHIRE NHS TRUST**

Department of Genitourinary Medicine

Ysbyty Glan Clwyd

Sarn Lane

Bodelwyddan

Denbighshire

LL18 5UJ

Telephone: 01745 534455

Opening times:

Mon 1.30 pm - 3.30 pm (appt only)

Tue 10.00 am - 12.00 noon

(HIV drop-in clinic)

Thu 10.00 am - 12 noon

Thu 1.30 pm - 3.30 pm (appt only)

Fri 9.30 am - 11.30 am

Sexual Health Advisor

West Rhyl Young People's Project

30 Bedford Street

Rhyl

Denbighshire

LL18 1SY

Telephone: 01745 351293

Family Planning Helpline

Royal Alexandra Hospital

Rhyl

Denbighshire

LL18 3AS

Telephone: 01745 355673

Ruthin Family Planning Clinic

Mount Street

Ruthin

Denbighshire

LL15 1ND

Telephone: 01824 702361

Social Services

First Contact Team North

Russell House

Churton Road

Rhyl

Denbighshire

LL18 3AA

Telephone: 01824 706488

First Contact Team South

Council Offices

Wynnstay Road

Ruthin

Denbighshire

LL15 1YN

Telephone: 01824 712448

Voluntary Work

SOVA

SOVA is a National Voluntary Organisation and Charity with experience of recruiting and training volunteers. The main aim of SOVA is to work with offenders, ex-offenders, those at risk of offending, and clients with drug and alcohol issues. Mentors assist clients by supporting and empowering them. Practical support can include help with housing and homelessness issues, literacy and numeracy skills, debt/budgeting advice, job search, letter/CV writing, transport and help to ex-offenders who experience difficulties in gaining employment due to their criminal record

Salvation Army

Windsor Street

Rhyl

Denbighshire

LL18 1BW

Telephone: 01745 362429

Accommodation & Housing

CAIS Housing

CAIS Ltd - North East Wales Regional Office
Grove Park House, 11 Grove Road, Wrexham LL12 7AA
Telephone: 01492 523690

Flintshire County Council

The Housing Headquarters, County Offices, Chapel Street, Flint CH6 5WS
Telephone: 01352 703532

Clwyd Alyn Housing Association

Flint Office, Unit 5, Acorn Business Centre, Flint, Flintshire CH6 5YN
Telephone: 01352 763376

North East Wales Supported Housing

Holywell: 5 self-contained properties of temporary supported housing for vulnerable women and children

Connahs Quay: 5 self-contained properties of temporary supported housing for vulnerable women and children.

Flintshire Floating Support: 4 bedspaces of floating support to local authority and housing association tenants.

Cymdeithas Tai Hafan

Health Centre, Wepre Drive, Connahs Quay, Flintshire CH5 4HA
Telephone: 01244 823672

Wales & The West Housing Association

North Wales Office:
Unit 2, Acorn Business Park, Aber Road, Flint, Flintshire CH6 5YN
Telephone: 0870 013 1930

Independent Housing Advice

Shelter Cymru, Buckley Town Hall, Buckley, Flintshire

Tuesday 10:00 am - 12:00 noon Drop-in
Thursday 10:00 am - 1:00 pm Appointments only
Telephone: 01244 545653

Flint CAB, 65 Church Street, Flint, Flintshire

Tuesday 1:00 pm - 4:00 pm
Appointments only- Telephone: 01244 545653

Shotton Job Centre

Thursday 10:00 am - 4:00 pm
Appointments only- Telephone: 01244 545653

Advice & Information

Community Drug & Alcohol Team

Deeside Counselling Centre
1 Rowleys Drive, Shotton, Flintshire CH5 1UP
Telephone: 01244 831798

Harm Reduction Team

General advice and support for those using illegal drugs. Also information and advice to people who use opiates, stimulants, steroids, alcohol and benzos.

Hayley	07748 788173	Office telephone number 01244 818513
Mel	07748 788163	
Colin	07748 788164	
Claire	07748 788165	

CAIS

CAIS Ltd - North East Wales Regional Office
Grove Park House, 11 Grove Road, Wrexham LL12 7AA
Telephone: 01978 367030

Adult Social Care

Provides advice & help to vulnerable adults including those with drug or alcohol problems.
County Hall, Mold CH7 6NN
Telephone: 01352 702642

Flintshire Mind

Advice and information concerning mental health issues
Tŷ'r Binwydden, Clayton Road, Mold, Flintshire CH71ST
Telephone: 01352 758813
Office Opening Hours
Tuesday – Wednesday: 9.00 am – 4.30 pm
Thu: 9.00 am – 12.00 noon
www.flintshiremind.org.uk

Nacro Youth Choices

The Youth Choices project is aimed at helping those aged between 16 and 25, find a purposeful path into adulthood
72 Chester Road West, Shotton, Flintshire
Telephone: 01244 812643

Citizens Advice Bureau

Flint Citizens Advice

65 Church Street, Flintshire CH6 5AF
Telephone: 01352 733187

Holywell Citizens Advice

The Old Library, Post Office Lane, Holywell, Flintshire CH8 7LH.
Telephone: 01352 711262

Mold Citizens Advice

The Annexe, Terrig House, Chester Street, Mold, Flintshire CH7 1EG.
Telephone: 01352 753520

Women's Aid Flintshire

NPHS, Preswylfa, Hendy Road, Mold, Flintshire CH7 1PZ
Telephone: 01352 700227
jackie.goundrey@nphs.wales.nhs.uk

Delyn Women's Aid

24 hour helpline: 01352 712150

Information Centres:

The Old Court House, Halkyn Street, Holywell, Flintshire
Open: Monday, Tuesday, Wednesday, Friday – 10.00 am – 3.00 pm
Flint Link Office, Flint. Open: Wednesday – 10.00 am – 12.00 noon
Daniel Owen Centre, Mold. Open: Friday – 10.00 am – 12.00 noon

Drugs Education Team

Confidential advice & information for 11-25 year olds.
Glanrafon Centre, Mold, Flintshire CH7 1PA
Telephone: 01352 752588

Samaritans

Confidential Listening and support - not just for the suicidal.
North West Wales,
5A Llys Onnen, Parc Menai
Bangor, Gwynedd
LL57 4DF
Phone: 01248 674985
jo@samaritans.org
www.samaritans.org

Community Drug & Alcohol Team

The Community Drug & Alcohol Service aims to reduce the risks and damage caused by drugs or alcohol to individuals, families and the local community.

They work in partnership with other agencies to improve the health and social welfare of service users by offering treatment and care.

The services available are as follows:

- Advice & information
- Assessment
- Counselling
- Relapse prevention
- Harm minimisation
- Community detoxification or in-patient detoxification unit
- Titration clinic for methadone prescription
- Prescribed medication maintenance
- Advice on sexual health
- Residential rehabilitation placements
- Auricular acupuncture

Deeside Counselling Centre,
Rowleys Drive, Shotton, Flintshire CH5 1PU
Telephone: 01244 831798

Complementary Therapies

Reflex At Ease

Mobile reflexology service that provides a number of complementary therapies to your door

Tel: 01244 813706

Mobile: 07855 585622

Counselling

Community Drug & Alcohol Team

Deeside Counselling Centre, Rowleys Drive, Shotton, Flintshire CH5 1PU

Telephone: 01244 831798

DIP Provision

The aim of the Drug Interventions Programme is to reduce drug related crime by accessing more drug misusing offenders, getting them into treatment and supporting them through and after treatment and sentences. Throughcare and aftercare will be implemented by the Criminal Justice Integrated Team model. The aim of the CJIT is to enable a regional integrated approach to working with drug misusers who enter and leave the criminal justice system from the point of arrest through to the end of sentence (community & custodial) and beyond. The CJIT will compliment existing services within North Wales. Referrals to the CJIT will be managed via a single point of contact (01492 533269). An all Wales 24/7 phone line will be offered to service users and others who have concerns or wish to refer themselves to DIP (0800 6 33 55 88).

Detox

Community detox or in-patient detox is available from the Community Drug and Alcohol Team in Flintshire County.

Hafan Wen Detoxification Unit

Watery Road, Wrexham LL13 7NQ

Telephone: 01978 313904

Education

Deeside College

Kelsterton Road, Connahs Quay, Flintshire CH5 4BR
Telephone: 01244 831531

Welsh College of Horticulture

Northop, Nr Mold, Flintshire CH7 6AA
Telephone: 01352 841000

Flintshire Vocational Access Project

The Flintshire Vocational Access Project (VAP) is a new adult education initiative designed to assist those that have been prevented by chance or choice from updating skills, career prospects and quality of life.

Unit 11, Granaries Business Park, Station Road, Talacre, Holywell, Flintshire CH8 9RD
Telephone: 01745 886900

University of Wales Bangor

Centre for Continuing Education,
Pendre House, Pwll Glas, Mold, Flintshire CH7 1RA
Telephone: 01352 756080

Flint Library Learners' Centre

Contact Flint Library for details of our full range of courses for adult learners. Basic IT, Internet, and e-mail taster sessions are available throughout the year, and they are free

Employment & Training

Mold Jobcentre Plus

St David's Lane, Mold, Flintshire CH7 1LH
Telephone: 01352 894400

Flint Jobcentre Plus

Swan Street, Flint, Flintshire CH6 5BP
Telephone: 01352 896400

Shotton Jobcentre Plus

Civic Centre, Wepre Drive, Connah's Quay, Flintshire CH5 4HA
Telephone: 01244 583700

Nacro Cymru

72 Chester Road West, Shotton, Flintshire CH5 1BZ
Telephone: 01244 812643

Princes Trust

The Princes Trust Cymru offers practical solutions to help disadvantaged young people, between the ages of 14-15 to get their lives working.

Programmes available are as follows:

- Team programme
- Development rewards programme
- Community action programme

See Gwynedd section for contact details

Progress2Work

This offers intensive support and guidance for people who have had substance misuse issues, to find suitable training, education, or employment

Outreach Locations

0800 917 9262
www.workinglinks.co.uk

- See Wrexham section for contact details for CAIS

Getting a Prescription

For prescriptions individuals must see the Community Drug & Alcohol Team for Flintshire County.

Community Drug & Alcohol Team

Deeside Counselling Centre
Rowleys Drive
Shotton
Flintshire
CH5 1PU

Hepatitis B, C & HIV

General advice and information on HIV, Hepatitis B, and C is available, See Harm Reduction Team.

Hayley	07748 788173
Mel	07748 788163
Colin	07748 788164
Claire	07748 788165

Office telephone number 01244 818513

Libraries & I.T. Access

Bagillt Pentre

Bagillt, Flint,
Flintshire CH6 6EQ
Telephone: 01352 733167
bagillt.library@flintshire.gov.uk

Buckley Library Museum and Gallery

The Precinct, Buckley,
Flintshire CH7 2EF
Telephone: 01244 549210
buckley.library@flintshire.gov.uk

Connahs Quay

Wepre Drive, Connahs Quay,
Deeside, Flintshire CH5 4HA
Telephone: 01244 830485
connahs.quay.library@flintshire.gov.uk

Flint Library Learners Centre

Church Street, Flint,
Flintshire CH6 5AP
Telephone: 01352 703737
flint.library@flintshire.gov.uk

Sealand Avenue

Garden City, Deeside, Flintshire CH5 2HL
Telephone: 01244 818762
garden.city.library@flintshire.gov.uk

Community Centre Gwernaffield

Mold, Flintshire CH7 5DP
Telephone: 01352 741395
gwernaffield.library@flintshire.gov.uk

Halkyn

The Village Hall, Halkyn,
Holywell, Flintshire CH8 8BU
Telephone: 01352 780752
halkyn.library@flintshire.gov.uk

The Old Rectory

Rectory Lane, Hawarden,
Flintshire CH5 3NN
Telephone: 01244 532926
hawarden.library@flintshire.gov.uk

Holywell Library & Learners Centre

North Road, Holywell, Flintshire CH8 7TQ
Telephone: 01352 713157
holywell.library@flintshire.gov.uk

Hope

Castell Alun High School,
Hope, Wrexham LL12 9PY
Telephone: 01978 761025
hope.library@flintshire.gov.uk

Mancot

Mancot Lane, Mancot,
Deeside CH5 2AH
Telephone: 01244 532430
mancot.library@flintshire.gov.uk

Mobile Library (North Flintshire)

Holywell Library, North Road,
Holywell, Flintshire CH8 7TQ
Telephone: 01352 713157
holywell.library@flintshire.gov.uk

Mobile Library (South Flintshire)

Connahs Quay Library,
Wepre Drive, Connahs Quay
Deeside, Flintshire CH5 4HA
Telephone: 01244 830485
connahs.quay.library@flintshire.gov.uk

Mold Library, Museum and Gallery

Earl Road, Mold, Flintshire CH7 1AP
Telephone: 01352 754791
mold.library@flintshire.gov.uk

Mynydd Isa

Community Centre, Mynydd Isa,
Mold, Flintshire CH7 6UH
Telephone: 01352 757903
mynydd.isa.library@flintshire.gov.uk

Northop

Northop CP School, Northop,
Mold, Flintshire CH7 6AU
Telephone: 01352 840688
northop.library@flintshire.gov.uk

Queensferry

Queensferry Campus,
Deeside, Flintshire CH5 1SE
Telephone: 01244 812544
queensferry.library@flintshire.gov.uk

Reference & Information Centre

Library HQ, County Hall,
Mold, Flintshire CH7 6NW
Telephone: 01352 704411
libraries@flintshire.gov.uk

Mental Health

Community Mental Health Team - Deeside Area

Adult Social Care Department,
Mental Health Division,
Aston House, Plough Lane, Aston, Deeside, Flintshire
Telephone: 01244 836220

Needle Exchange

Services provided that offer exchange of used needles for sterile needles. Also offer advice and information on harm minimisation and safe sexual health practices.

S E John, Albert House

High Street, Bagillt,
Flintshire CH6 6ED
Telephone: 01352 761236

Lloyds Pharmacy

13-14 The Precinct,
Buckley, Flintshire CH7 2EF
Telephone: 01244 550910

L Rowland & Co

2 The Precinct,
Connahs Quay, Flintshire
CH5 4TS
Telephone: 01244 812197

Wepre Pharmacy

113 High Street,
Connahs Quay, Flintshire
CH5 4DF
Telephone: 01244 812197

Lloyds Pharmacy

29 Church Street, Flint,
Flintshire CH6 5AD
Telephone: 01352 732739

L Rowland & Co

Coleshill Street, Holywell,
Flintshire CH8 7RS
Telephone: 01352 719100

John Hughes

11 Daniel Owen Precinct,
Mold, Flintshire CH7 1AP
Telephone: 01352 753393

Speed's Pharmacy Ltd

7 The Square, Mercia Drive,
Mynydd Isa, Mold,
Flintshire CH7 6UY
Telephone: 01352 759030

H A Crook

23 Chester Road East,
Shotton, Deeside,
Flintshire CH5 1QA

Needle Exchange

There is also a mobile needle exchange service that is available through the Harm Reduction Team. For further information on exchange points contact the following:

Hayley	07748 788173	Office telephone number 01244 818513
Mel	07748 788163	
Colin	07748 788164	
Claire	07748 788165	

NHS Services

GP Surgeries

Roseneath Medical Practice

Health Centre,
Padeswood Road, Buckley
Flintshire CH7 2JL
Telephone: 01244 550555

Mercia Drive

Mynydd Isa, Mold, Flintshire
Telephone: 01352 757986

Bromfield Medical Centre

Sealmart House,
Bryn Hilyn Lane, Mold
Flintshire CH7 1JY
Telephone: 01352 700212

149 High Street

Connahs Quay,
Flintshire CH5 4DQ
Telephone: 01244 812217

17-21 Chester Road East

Shotton, Flintshire CH5 1QA
Telephone: 01244 831698

2 Fron Road

Connahs Quay,
Flintshire CH5 4PQ
Telephone: 01244 814272

39-41 High Street

Caergwrlle, Flintshire,
LL12 9LL
Telephone: 01978 760413

Kinnerton Medical Centre

33-35 Main Road,
Higher Kinnerton, Nr Chester
Telephone: 01244 661018

8 Grosvenor Street

Mold, Flintshire CH7 1EJ
Telephone: 01352 756762

Allt Goch Medical Centre

Lon y Becws, Flint,
Flintshire CH6 5UZ
Telephone: 01352 732207

Wern Surgery

Bron y Wern, Bagillt,
Flintshire CH6 6BT
Telephone: 01352 761907

Bodowen Surgery

Halkyn Road, Holywell,
Flintshire CH8 7GA
Telephone: 01352 710529

Nannerch Memorial Hall

Nannerch, Flintshire
Telephone: 01352 710529

Eyton Place Surgery

112 Church Street,
Flint, Flintshire CH6 5AF
Telephone: 01352 733194

The Nook Terrace

High Street, Bagillt,
Flintshire
Telephone: 01352 732379

Hawarden Health Centre

27 Glynne Way, Hawarden,
Flintshire CH5 3PA
Telephone: 01244 532223

82 High Street

Saltney, Nr Chester,
Telephone: 01244 683801

Clwyd House Surgery

Argoed Road, Buckley,
Flintshire CH7 3HZ
Telephone: 01244 550230

Hope Family Medical Centre

Hawarden Road, Hope,
Flintshire LL12 9NL
Telephone: 01978 760468

Marches Medical Practice

83 Main Road, Broughton,
Nr. Chester CH4 0NR
Telephone: 01244 520615

Mill Lane Surgery

46 Mill Lane, Buckley,
Flintshire CH7 3HB
Telephone: 01244 550939

Pendre Surgery

Coleshill Street, Holywell,
Flintshire CH8 7UP
Telephone: 01352 712107

Pendre Surgery

Clayton Road, Mold,
Flintshire CH7 1SS
Telephone: 01352 759163

Pennant Surgery

Off High Street, Holywell,
Flintshire CH8 7TR
Telephone: 01352 716766

Greenfield Surgery

School Lane, Greenfield,
Flintshire
Telephone: 01352 711496

Maes Pennant Surgery

Ffordd Pennant, Mostyn,
Flintshire
Telephone: 01352 561456

Penyffordd Surgery

Crawford House, Penyffordd
Holywell, Flintshire
Telephone: 01352 560347

Queensferry Medical Practice

Pierce Street, Queensferry
Flintshire CH5 1SY
Telephone: 01244 813340

Rowleys Drive Clinic

Rowleys Drive, Shotton,
Flintshire CH5 1PU
Telephone: 01244 830449

Shotton Lane Surgery

38 Shotton Lane, Shotton,
Flintshire CH5 1QT
Telephone: 01244 812094

St Marks Dee View Surgery

Church Street,
Connahs Quay, Flintshire
CH5 4AD
Telephone: 01244 812003

The Health Centre

Padeswood Road, Buckley
Flintshire CH7 2JL
Telephone: 01244 550536

Bradley's Practice

2 Griffiths Square, Mold,
Flintshire
Telephone: 01352 751351

Penyffordd Surgery

Melwood Close, Penyffordd,
Nr. Chester
Telephone: 01244 544429

The Laurels Surgery

73 Church Street, Flint,
Flintshire CH6 5AF
Telephone: 01352 732349

The Surgery

Queen Street, Leeswood
Mold, Flintshire CH7 4RQ
Telephone: 01352 770212

2 Hope View

Ffordd Top y Rhos
Treuddyn, Flintshire
Telephone: 01352 771601

Community Centre

High Street
Ffrith, Wrexham
Telephone: 01352 770212

The Surgery

Panton House
Panton Place, Holywell
Flintshire CH8 7LD
Telephone: 01352 712288

Crawford House

Penyffordd
Holywell, Flintshire
Telephone: 01745 560347

Greenfield Surgery

School Lane
Greenfield, Flintshire
Telephone: 01352 711496

Maes Pennant Surgery

Ffordd Pennant
Mostyn, Flintshire
Telephone: 01745 561456

Dental Services Surgeries

Bank House

16 Church Street, Flint
Flintshire CH6 5AE
Telephone: 01352 761207

Bridge End Dental Practice

6 Bridge End Mews
Caergwre, Flintshire
LL12 9DT
Telephone: 01978 762030

Bryn Siriol

Gwernaffield Roe, Mold
Flintshire CH7 1RA
Telephone: 01352
758707/758709

Cambria Dental Practice

6 Chester Road, Penyffordd
Flintshire CH4 0LH
Telephone: 01244 541931

Deeside Dental Surgery

55 High Street
Connahs Quay
Flintshire CH5 4DD
Telephone: 01244 813867

**Dental Department
Mold Community Hospital**

Ash Grove, Mold
Flintshire CH7 1XG
Telephone: 01352 758744

Dental Surgery

107a High Street
Connahs Quay, Flintshire
CH5 4DF
Telephone: 01244 831896

Dental Surgery

110 Church Street, Flint
Flintshire CH6 5AF
Telephone: 01352 761767

Dental Surgery

19 Padeswood Road North
Buckley, Flintshire CH7 2JL
Telephone: 01244 544585

Dental Surgery

90 The Highway, Hawarden
Flintshire CH5 3DL
Telephone: 01244 537073

Dental Surgery

GIO European Services
Gateway House
St David's Park, Ewloe
Flintshire CH5 3XT
Telephone: 01244 501000

**Grosvenor Place Dental
Practice**

4 Grosvenor Street, Mold
Flintshire CH7 1EJ
Telephone: 01352 753777

Queensferry Dental Surgery

4 Gladstone Street
Queensferry, Deeside
Flintshire CH5 1ST
Telephone: 01244 831181

The Dental Surgery

Forresters Hall
50 Church Street, Flint
Flintshire CH6 5AE
Telephone: 01352 730800

Dental Surgery

12 Grosvenor Road
Mold, Flintshire
CH7 1EJ
Telephone: 01352 752795

Dental Surgery

19 Brynford Street
Holywell, Flintshire CH8 7RD
Telephone: 01352 710839

Dental Surgery

85 Mold Road
Buckley, Flintshire CH7 2JA
Telephone: 01244 548792

North East Wales NHS Trust Hospitals

Coed Celyn Hospital

Telephone: 01978 313105

**Deeside Community
Hospital**

Telephone: 01244 830461

Flint Community Hospital

Telephone: 01352 732215

Holywell Cottage Hospital

Telephone: 01352 713003

Lluesty Hospital

Telephone: 01352 710581

Mold Community Hospital

Telephone: 01352 758744

Penley Hospital

Telephone: 01948 832070

**Wrexham Maelor Hospital
[A&E]**

Telephone: 01978 291100

North Wales Probation (Flintshire Area)

Resettlement East & Court and Community Supervision East

Unit 6, Acorn Business Centre, Flintshire CH6 5YN

Telephone: 01352 792140

Youth Offending Team

6th Floor, County Hall, Mold, Flintshire CW7 5BD

Telephone: 01352 702603

Crown Courts

Mold Crown Court, Law Courts, Civic Centre, Mold, Flintshire CH7 1AE

Telephone: 01352 751649

Police Stations

If you need Police assistance in an EMERGENCY, you should always dial 999.

This system is for real emergencies only, where there is an immediate threat to life or to property.

Please use it responsibly so that those with a real emergency can get through.

For all non-urgent calls to North Wales Police, please telephone:

0845 607 1001 - Welsh

0845 607 1002 - English

Residential Rehabilitation

There is no residential rehabilitation centre in the Flintshire County but placements for other residential rehabilitation centres can be found by the Community Drug and Alcohol Team.

Community Drug & Alcohol Team

Deeside Counselling Centre

Rowleys Drive

Shotton

Flintshire

CH5 1PU

Telephone: 01244 831798

Self Help Groups

Alcoholics Anonymous

Regular meetings for individuals who have experienced problems with alcohol. Based on the 12 steps approach, individuals must abstain from drinking.

Flint Furniture Recyclers

Unit 16 , Castle Park Industrial Estate
Evans Street, Flint
Wednesday - 20:00 hrs
Group name FLINT

Glanrafon Evangelical Church

Princess Street, Flint
Last sat each month - 20:00 hrs
Group name BIG BOOK

St Davids RC Church Hall

St Davids Road, Flint
Monday - 20:00 hrs
Group name FELLOWSHIP

Melrose Centre

Melrose Ave, off Central Drive, Flint
3rd Thursday of each month - 20:00 hrs
Group name SHOTTON

Sexual Health

Wrexham

GUM (Genito-Urinary Medicine)
Wrexham Maelor Hospital GUM Department
Croesnewydd Road
Wrexham
LL13 7TD

Tel: 01978 727197 Direct line

Opening times:

Tuesday: 10 am – 12 noon
Wednesday: 10 am – 12 noon
Thursday: 4.30 pm - 6.30 pm
Friday: 2 pm – 4 pm

Family Planning Clinics

The Health Clinic
King Street
Mold
Flintshire
CH7 1LB
Telephone: 01352 753637

CHAT

Health Clinic
Padeswood Road
Buckley
Flintshire
CH7 2JL
Telephone: 01244 545277

Family Planning Clinic

Health Clinic
Borough Grove
Flint
Flintshire
CH6 5DR
Telephone: 01352 732280

The Health Clinic

Civic Centre
Wepre Drive
Connahs Quay
Flintshire
CH5 4HA
Telephone: 01244 813486

CHAT

Health Clinic
Park Lane
Holywell
Flintshire
CH8 7UR
Telephone: 01352 712002

Social Services Department

Flintshire Council, County Hall, Mold, Flintshire CH7 6NN
Telephone: 01352 702555

Voluntary Work

Flintshire Volunteer Bureau

The Manse, Tyddyn Street, Mold
Flintshire CH7 1DX
Telephone: 01352 755990

Accommodation & Housing

CAIS Caernarfon

1st Floor Offices, Canolfan Penllyn, Caernarfon, Gwynedd LL55 1NN
Telephone: 01286 671005

Nacro

106-108 High Street, Bangor, Gwynedd LL57 1NS
Telephone: 01248 371192

North Wales Housing Association Ltd

Bangor office, High Street, Bangor, Gwynedd LL57 1YA
Telephone: 01248 320227

North West Wales

239 High Street, Bangor, Gwynedd LL57 1PA
Telephone: 01248 351265

Clwyd Alyn Housing Association

Llys Menai, Dale Street, Menai Bridge, Anglesey, Gwynedd LL59 5QW
Telephone: 01248 715417

Gwynedd Council

Council house contact for advice & information on housing: 01286 672255
tai@gwynedd.gov.uk

Arfon

Gwasanaethau Tai, Cyfadran Gofal, Swyddfa Ardal Arfon,
Penrallt, Caernarfon, Gwynedd LL55 1BN

Dwyfor

Cyfadran Gofal, Swyddfa Ardal Dwyfor, Ffordd y Cob
Pwllheli, Gwynedd LL53 5AA

Meirionnydd

Gwasanaethau Tai, Cyfadran Gofal
Swyddfa Ardal Meirionnydd
Cae Penarlâg, Dolgellau, Gwynedd LL40 2YB

Bangor

Gwasanaethau Tai, Cyfadran Gofal
Neuadd y Dref, Bangor, Gwynedd LL57 2RE

Manweb Office

Uned Weithredol Cynnal a Chadw Tai
Cyfadran Gofal, Swyddfa Adeilad Manweb
Ffordd Santes Helen, Caernarfon, Gwynedd LL55 2YB

Advice & Information

Bangor & District Women's Aid

Support, advice and information for women and children experiencing domestic violence.
P.O. Box 873, Bangor, Gwynedd LL57 2QN
Telephone: 01248 370877
bangorwomensaid@yahoo.co.uk

De Gwynedd Women's Aid

Blaenau Ffestiniog, Gwynedd LL41 3BY
Telephone: 01766 830878

Citizens Advice Bureau

Bangor Advice Centre, Gwynedd & Ynys Môn
60 Deiniol Road, Bangor, Gwynedd LL57 2RF
Telephone: 0870 7502350

Caernarfon Citizens Advice Bureau

12-14 Pen y Graig, Caernarfon, Gwynedd LL55 2AL
Telephone: 0870 7502350

Dwyfor Citizens Advice Bureau

Llys Cynan, 12 Penlan Street, Pwllheli, Gwynedd LL53 5DH
Telephone: 0870 7502350

Meirionnydd Advice Centre (Dolgellau) CAB

The Fire Station, Doldir, Dolgellau, Gwynedd LL40 1HX
Telephone: 0870 750 2350

Samaritan's Local Centre

5A Llys Onnen, Parc Menai, Bangor, Gwynedd LL57 4DF
Phone: 01248 674985
www.samaritans.org

Independent Housing Advice

Shelter Cymru

Dollgellau CAB
Tuesdays 12:30 pm - 3:30 pm
Appointments only
Telephone: 01248 671005

Agorfa Bond Scheme
Thursday 9:30 am - 12:30 pm
Appointments only
Telephone: 01248 671005

Pwllheli CAB
Wednesday 12:30 pm - 3:30 pm
Appointments only
Telephone: 01248 671005

Caernarfon CAB
Friday 9:30 am - 12:30 pm
Appointments only
Telephone: 01248 671005

Victim Support

Mon/Gwynedd Branch
Divisional Police Headquarters, Maesincla, Caernarfon, Gwynedd LL55 1BU
Telephone: 01286 684827

Prosiect Cynnwys

Penygroes
Caernarfon
Gwynedd
LL54 6LY
Telephone: 0845 6019686
cynnwys@cynnwys.com

Complementary Therapies

Therapy Wales

A clinic offering a wide range of therapies delivered by professionally qualified therapists, as well as a variety of courses and lectures centred on complementary medicines and therapies.

Llyn Holistic Centre at Ceri & Morus

27 Chapel Street, Porthmadog, Gwynedd LL49 9DS
Telephone: 0800 718719

Reflexology

Doris E Williamson, 18 High Street, Llanerchymedd, Gwynedd LL71 8EA
Telephone: 01248 470272

Hypnotherapy

Dr H Bernard Smith, Lleifior, Maltraeth, Gwynedd LL62 5AF
Telephone: 01407 840688

Creative Therapy

Plas Y Coed, Bangor, Gwynedd LL57 4HN
Telephone: 01248 430445

Natural Healing Centre

High Street, Penrhyndeudraeth, Gwynedd LL48 6NU
Telephone: 01766 770899

Penrhyn Natural Health Centre

11 Church Street, Penrhyndeudraeth, Gwynedd LL48 6AB
Telephone: 01766 770700

Counselling**Rape & Sexual Abuse Support Centre**

Offers support to men and women of all ages who have experienced some form of sexual violence. Provides counselling and information also.

P.O. Box 87, Caernarfon, Gwynedd LL55 9AA
Telephone: 01286 669266

CAIS

Offer a counselling service to people with drug or alcohol problems. They also provide support to individuals who are affected by another person's drug/alcohol use.

1st floor, Canolfan Penllyn, Caernarfon, Gwynedd LL55 1NN
Telephone: 01286 671005
www.cais.co.uk

Relate

The Abbey Road Centre, 7 Abbey Road, Bangor, Gwynedd LL57 2EA
Telephone: 01248 352256

Cruse in Gwynedd Bereavement Care

7 Abbey Road, Bangor, Gwynedd LL57 2EA
Telephone: 01248 372727

Child Guidance Services

Talar Afon Farm, Holyhead Road, Bangor, Gwynedd LL57 2EE
Telephone: 01248 355825

Detox

Community detox or in-patient detox is available from the Gwynedd NHS Trust. There are also a number of beds available at Ysbyty Gwynedd & Hafan Wen. (Wrexham). All referrals must go through the Substance Misuse Service. Enquiries should be made to the Corporate Base (Star) in the first instance.

North West Wales NHS Trust Substance Misuse Service

Corporate Base,
Castellfryn, Star, Nr.Gaerwen, Anglesey, Gwynedd
Telephone: 01248 718030
E-mail: smsreferrals@nww-tr.wales.nhs.uk

DIP provision

The aim of the Drug Interventions Programme is to reduce drug related crime by accessing more drug misusing offenders, getting them into treatment and supporting them through and after treatment and sentences. Throughcare and aftercare will be implemented by the Criminal Justice Integrated Team model. The aim of the CJIT is to enable a regional integrated approach to working with drug misusers who enter and leave the criminal justice system from the point of arrest through to the end of sentence (community & custodial) and beyond. The CJIT will compliment existing services within North Wales. Referrals to the CJIT will be managed via a single point of contact (01492 533269). An all Wales 24/7 phone line will be offered to service users and others who have concerns or wish to refer themselves to DIP (0800 6 33 55 88).

Education

Nacro

106-108 High Street, Bangor
Gwynedd LL57 1NS
Telephone: 01248 371192

University of Wales

Bangor, Gwynedd LL57 2DG
Telephone: 01248 351151

Coleg Menai

Ffriddoedd Road, Bangor
Gwynedd LL57 2TP
Telephone: 01248 370052

Coleg Harlech

Telephone: 01248 353254
s.jones@fc.harlech.ac.uk

Coleg Meirion- Dwyfor

Coleg Meirion-Dwyfor is a further education college in Gwynedd with sites at Pwllheli, Dolgellau and Glynllifon

Employment & Training

Progress2Work

This offers intensive support and guidance for people who have had substance misuse issues to find suitable training, education or employment.

CAIS Caernarfon

1st Floor Offices, Canolfan Penllyn,
Caernarfon, Gwynedd LL55 1NN
Telephone: 01286 671005

Nacro Cymru

63 High Street, Bangor, Gwynedd LL57 1NR
Telephone: 01248 354602

Jobcentre Plus

322 High Street, Bangor, Gwynedd
Telephone: 01248 283500

Penrallt

Caernarfon, Gwynedd
Telephone: 01286 768000

Theford House

Porthmadog, Gwynedd
Telephone: 01766 465000

Lower Cardiff Rd

Pwllheli, Gwynedd
Telephone: 01758 632600

Aran Rd

Dolgellau, Gwynedd
Telephone: 01341 523300

Recruitment Agencies

Agoriad Cyf

Port Penrhyn, Bangor, Gwynedd LL57 4HN
Telephone: 01248 361392

Atebion Training & Employment Services

278 High Street, Bangor, Gwynedd LL57 1UL
Telephone: 01248 372112

Department of Education & Skills

King Edward Street, Barmouth,
Gwynedd LL42 1PB
Telephone: 01341 525200

Call Centre Contacts Ltd.

Pant Yr Onnen Estate
Llanfair, Harlech, Gwynedd LL46 2SE
Telephone: 01766 781223

Working Links

- Suite 6 Llys, Britannia Parc, Menai Business Park, Bangor, Gwynedd LL57 4BN
 - Mentec, Deiniol Road, Bangor, Gwynedd LL57 2UP
 - Ground Floor, St Helens Road, Caernarfon, Gwynedd LL55 2YD
 - Unit 9, Glanpwll Works, Blaenau Ffestiniog, LL41 3AN
 - King Alfred Road, Barmouth, North Wales, LL42 1YT
- 0800 917 9262
www.workinglinks.co.uk

Duke of Edinburgh Awards

An Award in which young offenders participate in a challenging, enjoyable and rewarding programme of personal development for young people through the ages of 14 and 25. Through participation in four sections, young people may gain a Bronze, Silver or Gold Award.

Sections are as follows:

- service
- expeditions
- skills
- physical recreation

Bangor Probation

Llys Garth, Garth Road, Bangor, Gwynedd

Getting A Prescription

A shared care service is provided by Gwynedd NHS Trust in conjunction with local GPs in the Gwynedd area.

Hepatitis B, C & HIV

General advice and information on HIV, Hepatitis B, and C is available from North West Wales NHS Trust Substance Misuse Service and also designated pharmacies.

North West Wales NHS Trust Substance Misuse Service

Corporate Base, Castellfryn, Star, Nr.Gaerwen, Anglesey, Gwynedd
Telephone: 01248 718030

E-mail: smsreferrals@nww-tr.wales.nhs.uk

- See also pharmacies under needle exchange section.

Homelessness Services

Agorfa Bond Scheme

4 Mount Street, Bangor, Gwynedd LL57 1BQ
www.agorfa.org.uk

Hostel Accommodation

Snowdon Lodge

Lawrence House, Church Street,
Tremadog, Porthmadog
Gwynedd LL49 9PS
Telephone: 01766 515354

Pendinas

Holyhead Road, Bangor,
Gwynedd LL57 2EE
Telephone: 01248 364528

St Mary's

Garth Road, Bangor,
Gwynedd LL57 2RP
Telephone: 01248 362211

Gwynedd Council

Contact for advice & information on
homelessness
Telephone: 01286 672255
tai@gwynedd.gov.uk

Sylfaen Youth Homelessness Project

Bangor Diocesan Centre,
Cathedral Close, Bangor,
Gwynedd LL57 1LR
Telephone: 01248 354235

Libraries & I.T. Access

Arran Road Library

Arran Road, Dolgellau,
Gwynedd LL40 1BP
Telephone: 01341 422252

Bangor Public Library

Ffordd Gwynedd, Bangor,
Gwynedd LL57 1DT
Telephone: 01248 353479

Arfon Community Library

Bangor Library
Ffordd Gwynedd, Bangor,
Gwynedd LL57 1DT
Telephone: 01248 353479

Barmouth Library

Station Road, Barmouth,
Gwynedd LL42 1LE
Telephone: 01341 280258

Bro Tegid Library

Ysgol Bro Tegid, Bala,
Gwynedd LL23 7BN
Telephone: 01678 520014

Dolgellau Library

Bala Road, Dolgellau,
Gwynedd LL40 2YF
Telephone: 01341 422771

Pwllheli Library

Penlan Street, Pwllheli,
Gwynedd LL53 5DE
Telephone: 01758 612089

Blaenau Ffestiniog Library

Rhes Meirion, Blaenau Ffestiniog,
Gwynedd LL41 3UA
Telephone: 01766 830415

Caernarfon Library

Pavilion Road, Caernarfon,
Gwynedd LL55 1AS
Telephone: 01286 675944

Porthmadog Library

29 Chapel Street, Porthmadog,
Gwynedd LL49 9DS
Telephone: 01766 514091

LINC

A co-operative service that allows members of the public and students to share library resources from college libraries as well as Bangor University.

Mental Health

Community Mental Health Teams

N.W. Wales Dwyfor Cilan,

Penlan Street, Pwllheli, Gwynedd LL53 5NL
Telephone: 01758 614647

Gwynedd N.W. Wales Arfon

26/28 College Road, Upper Bangor, Gwynedd
Telephone: 01248 370137

Gwynedd N.W. Wales

Meirionydd Plas Brith, Dolgellau, Gwynedd LL40 1DU
Telephone: 01341 422122

Ysbyty Gwynedd

Penrhosgarnedd, Bangor, Gwynedd LL57 2PW
Telephone: 01248 384384

Needle Exchange

Services provided that offer exchange of used needles for sterile needles. Also offer advice and information on harm minimisation and safe sexual health practices.

Pharmacies

Boots The Chemist

276 High Street
Bangor
Gwynedd

Tesco In-Store Pharmacy

Cyttir Lane
Caernarfon Road
Bangor
Gwynedd

L Rowland & Co

1 High Street
Barmouth
Gwynedd

E Moss Ltd

27 High Street
Bethesda
Gwynedd

A Martin

26 High Street
Blaenau Ffestiniog
Gwynedd

KM & FA Jones

24 High Street
Blaenau Ffestiniog
Gwynedd

Boots The Chemist

Queens Square
Dollgellau
Gwynedd

L Rowland & Co

The Medical Hall
High Street
Harlech
Gwynedd

L Rowland & Co

Compton House
High Street
Llanberis
Gwynedd

GL & S Williams

37 Water Street
Penygroes
Gwynedd

L Rowland & Co

The Pharmacy
Y Maes
Pwllheli
Gwynedd

L Rowland & Co

127 High Street
Porthmadog
Gwynedd

NHS Services

GP Surgeries

Meddygfa

Canolfan Iechyd, Bala,
Gwynedd LL23 7BA
Telephone: 01678 520308

Village Hall

Llanuwchllyn, Gwynedd

Bangor Medical Centre

Bryn Hydd, Holyhead Road,
Bangor, Gwynedd LL57 2EE
Telephone: 01248 372373

Bodnant

Menai Avenue, Bangor,
Gwynedd LL57 2HH
Telephone: 01248 364492

Bron Derw Medical Centre

Glynne Road, Bangor,
Gwynedd LL57 1AH
Telephone: 01248 370900

Glanfa

Orme Road, Bangor,
Gwynedd LL57 1AY
Telephone: 01248 370540

Meddygfa Deiniol

Bro Dawel, Garth Road,
Bangor, Gwynedd LL57 2SE
Telephone: 01248 362055

Minfor Surgery

Park Road, Barmouth,
Gwynedd LL42 1PL
Telephone: 01341 280521

Canolfan Artro

Llanbedr, Gwynedd

Pentre Uchaf

Dyffryn Ardudwy, Gwynedd

Village Hall

Fairbourne, Gwynedd

Village Hall

Llwyngwrl, Gwynedd

Mithan, Nickson, Heindersdorff & Jones

11 Victoria Place, Bethesda,
Gwynedd LL57 3AG
Telephone: 01248 600212

Health Services Centre

Wynne Road,
Blaenau Ffestiniog
Gwynedd LL41 3DW
Telephone: 01766 830205

The Surgery

Church Street, Dolwyddelan,
Gwynedd, LL25 0SJ
Telephone: 01690 750269

The Surgery

Market Square,
Blaenau Ffestiniog,
Gwynedd LL41 4NE
Telephone: 01766 762703

Meddygfa Rhydbach

Botwnnog,
Gwynedd LL53 8RE
Telephone: 01758 730266

Glennydd

Llanbedrog,
Gwynedd LL53 7PG
Telephone: 01758 740900

The Surgery

Sarn Bach Road,
Abersoch,
Gwynedd LL53 8RE
Telephone: 01758 712070

Drs. D.Davies, M.Owen, E.Williams & G.Evans

3/5 Market Street,
Caernarfon,
Gwynedd LL55 1RT
Telephone: 01286 673224

The Surgery

1 Kendall,
Rhostryfan, Caernarfon
Gwynedd LL54 7NY

Bron Seiont

Segontium Terrace,
Caernarfon, Gwynedd
LL55 2PH
Telephone: 01286 672236

The Health Centre

Criccieth, Gwynedd
LL52 ORR
Telephone: 01766 523451

Caerffynnon

Dolgellau, Gwynedd
LL40 1LY
Telephone: 01341 422431

The Surgery

Cae Heti, Llanberis,
Gwynedd LL55 4SU
Telephone: 01286 870634

1 Bryn Moelyn

Llanrug, Gwynedd
LL55 4PH
Telephone: 01286 673984

The Clinic

Deiniolen, Caernarfon,
Gwynedd
Telephone: 01286 871094

Isfryn

Ffordd Dewi Sant, Nefyn,
Gwynedd LL53 6EA
Telephone: 01758 720202

Meddygfa Aelhaearn

Llanaelhaearn,
Gwynedd LL54 5AG
Telephone: 01758 750514

Bron Meirion

Penrhyndeudraeth,
Gwynedd LL48 6AL
Telephone: 0870 460 9660

Ardudwy Health Centre

Ffordd y Traeth, Harlech,
Gwynedd LL46 2UG

Health Centre

Trawsfynydd, Gwynedd

Bodnant

Water Street,
Penygroes, Gwynedd
LL54 6LU
Telephone: 01286 880203

Corwen House

Market Place, Penygroes,
Gwynedd LL54 6NN
Telephone: 01286 880336

Dolwenith

Snowdon Street, Penygroes,
Gwynedd LL54 6NG
Telephone: 01286 880202

Llys Meddyg

Victoria Road, Penygroes,
Gwynedd LL54 6HD
Telephone: 01286 880207

Madoc Surgery

High Street, Porthmadog,
Gwynedd LL49 9HD
Telephone: 01766 512284

Chapel Vestry

Beddgelert, Gwynedd

Mardir

Penrhyndeudraeth,
Gwynedd LL48 6LG

Y Feddygfa Wen

Porthmadog,
Gwynedd LL49 9NU
Telephone: 01766 514207

Treflan

Lower Cardiff Road, Pwllheli
Gwynedd LL53 5NF
Telephone: 01758 701458

The Health Centre

Pier Road, Tywyn,
Gwynedd LL36 0AT
Telephone: 01654 710238

11 Bodfor Terrace

Aberdovey, Gwynedd
LL35 0EA
Telephone: 01645 722221

Isfryn

Abergynolwyn, Gwynedd
LL36 9YU

Y Ganolfan

Llwyngwriol, Gwynedd
LL37 2JA

Liverpool House

Waunfawr,
Gwynedd LL55 4YY
Telephone: 01286 650223

The Surgery

Station Road, Llanrug,
Gwynedd LL55 4AG

**Drs. P.White, P.Jones,
K.McCann & M.Thomas**

1-2 Felinheli Terrace,
Y Felinheli, Gwynedd
LL56 4JF
Telephone: 01248 670423

The Community Hall

Rhiwlas, Bangor,
Gwynedd

The Surgery

Coronation Road,
Menai Bridge, Anglesey
Gwynedd LL59 5BD
Telephone: 01248 712210

Village Hall

Bethel, Caernarfon,
Gwynedd

Dental Services

Surgeries

Bulkeley Dental Practice

102 High Street, Bangor,
Gwynedd LL57 1NS
Telephone: 01248 352526

Coach House

Llanaelhaearn, Caernarfon,
Gwynedd LL54 5AG
Telephone: 01758 750500

College Road Dental Practice

14 College Road, Bangor,
Gwynedd LL57 2AN
Telephone: 01248 364565

Dental Surgery

3 High Street, Bethesda,
Bangor, Gwynedd LL57 3AE
Telephone: 01248 600205

Dental Surgery

8-9 Mitre Terrace, Pwllheli,
Gwynedd LL53 5HE
Telephone: 01758 614704

Elmhurst

Garth Road, Bangor,
Gwynedd LL57 2RT
Telephone: 01248 362592

Glan Dŵr

Mona Terrace, Criccieth,
Gwynedd LL52 0HG
Telephone: 01766 522455

Lodwig Villa Dental Surgery

Holyhead Road, Bangor,
Gwynedd LL57 2EG
Telephone: 01248 355595

Penlan Dental Surgery

6 Penlan Street, Pwllheli,
Gwynedd LL53 5DH
Telephone: 01758 613341

Penlon

10 Blaen Ddol, Llanberis,
Gwynedd LL55 4TL
Telephone: 01286 872504

The Dental Health Centre

Cader Road, Dolgellau,
Gwynedd LL40 1RJ
Telephone: 01341 421021

The Dental Practice

39 Chapel Street,
Caernarfon,
Gwynedd LL55 2PS
Telephone: 01286 672914

The Dental Surgery

White Arcade,
King Edward Street,
Barmouth,
Gwynedd LL42 1NY
Telephone: 01341 281052

The Old Market Dental Surgery

The Old Market Hall,
Palace Street, Caernarfon,
Gwynedd LL55 1RR
Telephone: 01286 672889

Tywyn Dental Practice

Neptune Road, Tywyn,
Gwynedd LL36 9HA
Telephone: 01654 710607

10 Church Street

Caernarfon, Gwynedd
LL55 1SW
Telephone: 01286 672601

15 Snowdon Street

Porthmadog, Gwynedd
LL49 9BT
Telephone: 01766 515151

19 Cae Du

Abersoch, Pwllheli,
Gwynedd LL53 7EN
Telephone: 01758 713955

J.M. Lowe, Dental Surgeon

33 Bangor Street,
Caernarfon, Gwynedd
LL55 1AR
Telephone: 01286 673337

35 Castle Square

Caernarfon,
Gwynedd LL55 2NN
Telephone: 01286 673174

47 Glanrafon

Bangor, Gwynedd LL57 1LH
Telephone: 01248 351911

6 Church Street

Penrhyndeudraeth,
Gwynedd LL48 6AB
Telephone: 01766 770376

63 High Street

Bangor, Gwynedd LL57 1NS
Telephone: 01248 353456

North West Wales NHS Trust

Hospitals

Bron y Garth Hospital

Telephone: 01766 770310

Bryn Beryl Hospital

Telephone: 01758 701722

Cefni Hospital

Telephone: 01248 750117

Eryri Hospital

Telephone: 01286 672481

Llandudno General Hospital [A&E]

Telephone: 01492 860226

Penrhos Stanley

Telephone: 01407 766000

Ysbyty Gwynedd [A&E]

Telephone: 01248 384384

North Wales Probation (Gwynedd Area)

Court & Community Supervision East

DTTO Team

Enhanced Community Punishment

LLys Garth, Garth Road, Bangor, Gwynedd LL57 2RT

Telephone: 01248 370217

Resettlement West

14 Market Street

Caernarfon

Gwynedd

LL55 1RT

Telephone: 01286 674346

Lombard Street

Dolgellau

Gwynedd

LL40 1HA

Telephone: 01341 422476

Police Stations

If you need Police assistance in an EMERGENCY, you should always dial 999.

This system is for real emergencies only, where there is an immediate threat to life or to property.

Please use it responsibly so that those with a real emergency can get through.

For all non-urgent calls to North Wales Police, please telephone:

0845 607 1001 - Welsh

0845 607 1002 - English

Residential Treatment

Ty'n Rodyn

Ty'n Rodyn is a unit which provides a residential rehabilitation programme for 7 men and women from all walks of life who are motivated to maintain an alcohol and drug-free lifestyle. Referrals to go through CAIS.

1-2 Lower Penrallt, Bangor, Gwynedd LL57 2PR

Telephone: 01248 370762

Sion.milner@cais.co.uk

Substance Misuse Service

North West Wales NHS Trust Substance Misuse Service

Corporate Base

Castellfryn, Star, Nr.Gaerwen, Ynys Môn

Telephone: 01248 718030

E-mail: smsreferrals@nww-tr.wales.nhs.uk

www.nww-tr.nhs.wales.uk

- See also pharmacies under needle exchange section.

Provides a range of effective, specialist interventions from a number of bases throughout North West Wales. Including:- psychological interventions, counselling services, harm minimisation advice/ information, specialist training, advocacy, specialist medical interventions (tier 2, 3 & 4) - providing substitute prescribing, symptomatic prescribing, and relapse prevention prescribing, motivational interviewing and care/support packages.

Drug Services

Treatment for people who use illicit substances

Substitute prescribing by GPs

Specialist drug clinics providing medical and other treatment interventions

Detoxification services: residential and community

Alcohol Services

Provides a full range of alcohol treatment interventions

Detoxification services: residential and community

Clinical nurse specialist (specialised interventions for medical problems resulting from alcohol use)

Criminal Justice Services

Arrest Referral: providing assessment and evidence based treatment for people who are arrested as a result of their illicit drug use.

Drug treatment & testing orders and drug rehabilitation requirements

Treatment for people who have been sentenced to the above

Specialist Young Persons Services

Offering a range of services to people under 20 years old

Youth Offending Team services

Provides a full range of treatment interventions for young people with legal problems who use drugs or alcohol in a problematic way

Specialist prevention worker

Specialist health screening, assessments and treatment for young people involved in the social care environment, for substance misuse and mental health.

Dual Diagnosis Service

Services for drug users with mental health problems

(i) Assessment - assistance with care planning

(ii) advice, co-working

(iii) clinical work - case management

Relapse Prevention Services

CARAT work

Naltrexone therapy

Group work

One-to-one work: counselling

Peer support services

Link into employment

Link into education

Practical interventions

Links to/liaison with other agencies

Midwifery Services

Delivers full comprehensive treatment packages during pre and post natal periods in substance mis-users lives.

Self Help Groups

Narcotics Anonymous

A non-profit fellowship that is ran regularly for men and women with drug problems. It involves recovering addicts meeting up to discuss and support each other through recovery and to keep clean.

Abbey Road Centre

Abbey Road, Bangor, Gwynedd LL57 2EA
Telephone: 01248 354888

Alcoholics Anonymous

Bangor

Abbey Road Centre

Gwynedd LL57 2EA
Telephone: 01248 354888
Monday - 20:00 hrs
1st Wednesday of each month - 20:00 hrs

Bangor

Abbey Road Centre,

5/9 Abaty Bangor
Gwynedd LL57 2EA
Monday 20:00 hrs
Wednesday 19:30 hrs

Bangor

Ty Newydd Bail Hostel

Llandygai, Bangor
Gwynedd LL57
Tuesday 20:00 hrs

Caernarfon

Catholic Church Hall

Elenora Street,
Twthill,
Caernarfon,
Gwynedd LL55
Thursday 19:30 hrs
Saturday 19:30 hrs

Llangefni

Roman Catholic Church

Penmydd Road
Llangefni
Gwynedd LL77
Monday 19:30 hrs

Llangefni

St Joseph's Church

Llangefni
Gwynedd LL77
Tuesday 11:00 hrs

Porthmadog

110 High Street

Porthmadog
Gwynedd LL49
Friday 20:00 hrs

Menai Bridge

St Anne's Church Hall

Dale Street
Menai Bridge
Anglesey LL59
Friday 12:00 hrs
Sunday 19:30 hrs

Social Services

Statutory services for all social care needs, adult & children.
You can contact Gwynedd Social Services on the following numbers

Arfon Telephone: 01286 682646

Dwyfor Telephone: 01758 704429

Meirionnydd Telephone: 01341 424339

Out of Hours Emergency Telephone number: 01286 675502

Voluntary Work

SOVA

SOVA is a National Voluntary Organisation and Charity with experience of recruiting and training volunteers. The main aim of SOVA is to work with offenders, ex-offenders, those at risk of offending, and clients with drug and alcohol issues. Mentors assist clients by supporting and empowering them. Practical support can include help with housing and homelessness issues, literacy and numeracy skills, debt/budgeting advice, job search, letter/CV writing, transport and help to ex-offenders who experience difficulties in gaining employment due to their criminal record

SOVA

137 High Street
Bangor
Gwynedd
LL57 1NT
Telephone: 01248 352974

Gwynedd Volunteer Bureau

24-26 High Street
Caernarfon
Gwynedd
LL55 1RH
Telephone: 01286 672626
biwro@mantellgwynedd.com

Mantell Gwynedd

24-26 Stryd Fawr
Caernarfon
Gwynedd
LL55 1RH
Telephone: 01286 672626
enquiries@mantellgwynedd.com

Accommodation & Housing

Cymdeithas Tai Hafan

Services for Vulnerable Women & Children
Health Centre, Wepre Drive,
Connahs Quay, Flintshire CH5 4HA
Telephone: 01244 823672

North East Wales

Wrexham Cluster Scheme: 5 self-contained properties of temporary supported housing for vulnerable women and children. The properties are owned by Wrexham County Borough Council and managed by Tai Hafan.

Wrexham Young Women's Project

Wrexham Young Women's Project offers supported housing for vulnerable young women aged 16-25 year old. The project consists of six flats in total, three one bedroom flats and three studio flats.

Clwyd Alyn Housing Association

Wrexham Office, Kelso House,
Grosvenor Road, Wrexham LL11 1BS
Telephone: 01978 361814

CAIS Wrexham

Grove Park House,
1 Grove Park Road, Wrexham LL12 7AA
Telephone: 01978 367030

Homelessness Advice

Wrexham CBC Housing Department

Lambpit Street, Wrexham
Telephone: 01978 292000

Independent Housing Advice

Shelter Cymru

North Wales Housing Advice & Legal Centre
23 Abbot Street, Wrexham LL11 1TA
Telephone: 01978353649

Monday 11:00 am - 2:00 pm
Tuesday 11:00 am - 2:00 pm (Drop-in advice)
Wednesday 11:00 am - 2:00 pm (Appointments only)
Friday 11:00 am - 2:00 pm (Appointments only)

Night Shelter

Wrexham (men only) 01978 355155

North Wales Families Against Drugs NWFAD

St Mary's Church, Regent Street, Wrexham
Telephone: 01352 714188
Alternate Wednesdays 7.30 pm - 9.00 pm (Yvonne Parker)

Hostels

Hurstnewton

Wrexham
 Telephone: 01978 363761
 (Men and women 18 - 25 years)

Foyer

Wrexham
 Telephone: 01978 262222
 (Men and women 18 - 25 years)

Advice & information

Wrexham Citizens Advice Bureau

35 Grosvenor Road, Wrexham LL11 1BT
 Telephone: 01978 364639

2 North Arcade, Chester Street, Wrexham LL13 8BB
 Telephone: 01978 358900

MIND Crisis Service

The Elms, Rhosddu Road, Wrexham LL11 1EB
 Telephone: 01978 355783

Community Drug & Alcohol Service

Swn Y Coed, Grove Road, Wrexham L11 1DY
 Telephone: 01978 261125

CAIS Wrexham

Grove Park House, 1 Grove Park Road, Wrexham LL12 7AA
 Telephone: 01978 367030

Body Positive Cheshire & North Wales

PO Box 321, Crewe, Cheshire CW2 7WZ
 Tel 01270 653150

The Samaritans Chester & Wrexham

Telephone: 01244 377999 or 08457 909090 (24 hours a day)
 E-mail: jo@samaritans.org

Triangle

Helpline service for gay, lesbian & bisexual young people in North Wales
 Telephone: 01978 317904

CHAT

Confidential Health advice for teenagers
 Telephone: 01244 813486

Children and Young People's Services

Wrexham's children and young people's services are currently being redesigned to focus on providing an early interventions service to under 18's. Current services are provided below:

Wrexham RESPONSE

The Wrexham RESPONSE partnership provides advice and information to young people under the age of 25 from their address at 65 King Street in Wrexham Town Centre.

Wrexham Youth Service, CAIS and Shelter provide the following services:

- Drop-in services (including washing facilities)
- Advice and information
- Homeless advice and support

Contact (01978) 313536 for more information.

CAIS provide homeless advice and referral from a mobile outreach unit.

INFO Shop

Wrexham CBC provides information, advice and guidance on any issue that concerns you from a town centre drop-in on Chester Street.

INFO Shop, 2 North Arcade, Chester Street, Wrexham LL13 8BB

Telephone: 01978 358900

Fax: 01978 265261

E-mail: infoshop@wrexham.gov.uk

Strytwise

Strytwise is Wrexham County Borough Council's website for young people aged 11 to 25 - providing information, advice, contacts and useful links for a wide range of young people's issues. <http://www.wrexham.gov.uk/strytwise/index.htm>

Community Drug & Alcohol Team

The Community Drug & Alcohol Service aims to reduce the risks and damage caused by drugs or alcohol to individuals, families and the local community.

They work in partnership with other agencies to improve the health and social welfare of service users by offering treatment and care.

The services available are as follows:

- Advice & information
- Assessment
- Counselling
- Relapse prevention
- Harm minimisation
- Community detoxification or in-patient detoxification unit
- Titration clinic for methadone prescription
- Prescribed medication maintenance
- Advice on sexual health
- Residential rehabilitation placements
- Auricular acupuncture

Swn Y Coed, Grove Road, Wrexham L11 1DY

Telephone: 01978 261125

Complementary Therapies

Ming's Health Clinic

89 Wrexham Street, Mold, Flintshire

Telephone: 01352 750022

Community Drug & Alcohol Service

(Auricular Acupuncture)

Swn Y Coed, Grove Road, Wrexham LL11 1DY

Telephone: 01978 261125

Aromatherapy

Top to Toe, Unit 5, Plassey Craft Centre, Eyton, Wrexham LL13 0SP

Telephone: 01978 780688

Rainbow Therapies

21 Spring Road, Wrexham LL11 2LU

Telephone: 01978 263204

Mobile: 07773 270772

Body Positive Cheshire & North Wales

PO Box 321, Crewe, Cheshire CW2 7WZ

Telephone: 01270 653150

Counselling

Community Drug & Alcohol Service

Swn-y-Coed, Grove Rd,
Wrexham LL11 1DY
Telephone: 01978 261125

Access to Life Counselling Services

26 Carton Rd, Mold,
Flintshire CH7 6UQ
Telephone: 01352 756890

Caia Park Community Council Advice Service

Cefn Rd, Wrexham LL13 9NH
Telephone: 01978 290614

Clwyd Community Health Council

Cartrefle, Cefn Rd, Wrexham LL13 9NH
Telephone: 01978 356178

Community Advice & Listening Line

Trinity House, Trinity St, Wrexham LL11 1NL
Telephone: 0800 132737

CAIS Wrexham

Grove Park House, 1 Grove Park Road,
Wrexham LL12 7AA
Telephone: 01978 367030

Advance

Ty Avow, 21 Egerton Street,
Wrexham LL11 1ND
Telephone: 01978 354737

Longfields Project

Sontley Road, Wrexham LL13 7EN
Telephone: 01978 264040

Relate Marriage Guidance

2 Grosvenor Road, Wrexham LL11 1BU
Telephone: 01978 265028

Wrexham & District Victim Support Scheme

Rhostyllen, Wrexham LL14 4EQ
Telephone: 01978 312213

Relate

2 Grosvenor Road, Wrexham LL11 1BU
Telephone: 01978 265028

DIP Provision

The aim of the Drug Interventions Programme is to reduce drug related crime by accessing more drug misusing offenders, getting them into treatment and supporting them through and after treatment and sentences. Throughcare and aftercare will be implemented by the Criminal Justice Integrated Team model. The aim of the CJIT is to enable a regional integrated approach to working with drug misusers who enter and leave the criminal justice system from the point of arrest through to the end of sentence (community & custodial) and beyond. The CJIT will compliment existing services within North Wales. Referrals to the CJIT will be managed via a single point of contact (01492 533269). An all Wales 24/7 phone line will be offered to service users and others who have concerns or wish to refer themselves to DIP (0800 6 33 55 88).

Detox

Referrals are to go through the Community Drug and Alcohol Team for Wrexham.

Hafan Wen is a purpose built 25 bed in-patient detoxification centre in Wrexham which looks after clients who have more complex needs such as dual diagnosis and who, for personal or social reasons, need to receive twenty four hour care to provide optimum intervention.

Hafan Wen, Watery Road, Wrexham LL13 7NQ
Telephone: 01978 313904

CAIS Wrexham

Grove Park House, 1 Grove Park Road, Wrexham LL12 7AA
Telephone: 01978 367030

Education

North East Wales Institute of Higher Education

Plas Coch College, Mold Road, Wrexham LL11 2AW
Telephone: 01978 293311

Yale College

Grove Park Road, Wrexham LL12 7AA
Telephone: 01978 311794

Department Of Continuing Education

Archimedes Centre, Wrexham LL13 7YP
Telephone: 01978 364277

Ysgol Bryn Alyn

Adult Education Centre, Gwersyllt, Wrexham LL11 4HB
Telephone: 01978 750618

Groves Adult Centre

The Groves High School, Penymaes Avenue, Wrexham LL12 7AP
Telephone: 01978 266375

Employment & Training

Wrexham Social Security Office

Tŷ Maelor, 15-17 Grosvenor Road, Wrexham LL11 1BW
Telephone: 01978 316500

Cefn Mawr Jobcentre Plus

Crane Street, Cefn Mawr, Wrexham LL14 3AB
Telephone: 01978 203810

Wrexham Jobseeker Direct

16 Lord Street, Wrexham LL11 1EJ
Telephone: 0845 6060234

Wrexham Jobcentre Plus

16 Lord Street, Wrexham LL11 1EJ
Telephone: 01978 203400

Progress2Work

This offers intensive support and guidance for people who have had substance misuse issues to find suitable training, education, or employment.

Outreach Locations

0800 917 9262
www.workinglinks.co.uk

CAIS Wrexham

Grove Park House, 1 Grove Park Road, Wrexham LL12 7AA
Telephone: 01978 367030

Princes Trust

The Princes Trust Cymru offers practical solutions to help disadvantaged young people between the ages of 14-15 to get their lives working.

Programmes available are as follows:

- Team programme
- Development rewards programme
- Community action programme

See Gwynedd section for contact details

Getting a Prescription

For prescriptions individuals must see the Community Drug & Alcohol Team for Wrexham County.

Community Drug & Alcohol Service

Swn Y Coed
Grove Road
Wrexham
LL11 1DY
Telephone: 01978 261125

Please note that Treatment Services are only available via the enhanced GPs and that Swn Y Coed is the first point of contact in Wrexham.

Hepatitis B, C & HIV

General advice and information on HIV, Hepatitis B, and C is available, See Harm Reduction Team.

Hayley	07748 788173	Office telephone number 01244 818513
Mel	07748 788163	
Colin	07748 788164	
Claire	07748 788165	

Body Positive Cheshire & North Wales

PO Box 321
Crewe
Cheshire
CW2 7WZ
Tel 01270 653150

Homelessness Provision

Shelter Cymru Housing Rights Service - North Wales
23 Abbot Street
Wrexham
LL11 1TA
Telephone: 01978 353649

Libraries & I.T. Access

Brymbo Library

Offa Street, Brymbo,
Wrexham LL11 5AG
Telephone: 01978 758351

Brynteg Library

The Memorial Centre,
Quarry Road, Brynteg
Wrexham LL11 6AB
Telephone: 01978 759523

Cefn Mawr Library

Plas Kynaston, Cefn Mawr,
Wrexham LL14 3AT
Telephone: 01978 820938

Chirk Library

Chapel Lane, Chirk,
Wrexham LL14 5NF
Telephone: 01691 772344

Coedpoeth Library

Park Road, Coedpoeth,
Wrexham LL11 3TD
Telephone: 01978 753616

Gresford Library

Vicarage Lane, Gresford,
Wrexham LL12 8UW
Telephone: 01978 852627

Gwersyllt Library

Community Centre,
Second Avenue, Gwersyllt,
Wrexham LL11 4ED
Telephone: 01978 753486

Llay Library

Market Street, Llay,
Wrexham LL12 0TR
Telephone: 01978 855100

Overton Library

Cocoa Rooms, Overton,
Wrexham LL13 OEE
Telephone: 01978 710557

Rhos Library

Princes Road,
Rhosllanerchrugog,
Wrexham LL14 1AB
Telephone: 01978 840328

Ruabon Library

High Street, Ruabon,
Wrexham LL14 6NH
Telephone: 01978 822002

Wrexham Library

Rhosddu Road,
Wrexham LL11 1AU
Telephone: 01978 292090

Mental Health

Community Mental Health Team

The Elms, Rhosddu Rd, Wrexham LL11 1EB
Telephone: 01978 355783

Child & Adolescent Mental Health Service

Richmond House, 31 Grosvenor Rd, Wrexham LL11 1BT
Telephone: 01978 350050

Hafal Wrexham

Hafal Wrexham helps people with severe mental illness and their families to work towards recovery.

Service Manager, The Elms, Rhosddu Road, Wrexham LL11 2NW
Telephone: 01978 355783

LLangollen Mental Health Resource Centre

Oakleigh, Abbey Road, Llangollen, Wrexham LL20 8SS
Telephone: 01978 860707

Needle Exchange

Services provided that offer exchange of used needles for sterile needles. Also offer advice and information on harm minimisation and safe sexual health practices.

Acrefair Pharmacy

Plas Madoc, Acrefair,
Wrexham LL14 3LF
Telephone: 01978 810272

A Daglian

2-3 Stryt Isa, Penycae,
Wrexham LL14 2PN
Telephone: 01978 844400

Boots The Chemist

3-7 Regent Street,
Wrexham L11 1SG
Telephone: 01978 313982

L Rowland & Co

Medical Hall, Crane Street,
Cefn Mawr LL14 3AD
Telephone: 01978 822600

L Rowland & Co

The Pharmacy,
3 Chapel Street,
Wrexham LL13 7DD
Telephone: 01978 313982

Wrexham CDAT

Swn-y-Coed, Grove Road,
Wrexham LL11 1DY
Telephone: 01978 261125

L Rowland & Co

28 High Street, Coedpoeth,
Wrexham LL11 3SB
Telephone: 01978 757249

Detox Unit

Hafan Wen, Watery Road,
Wrexham LL13 7NQ

Needle Exchange

There is also a mobile needle exchange service that is available from the Harm Reduction Team. For further information on exchange points contact the following:

Hayley	07748 788173	Office telephone number 01244 818513
Mel	07748 788163	
Colin	07748 788164	
Claire	07748 788165	

Wrexham Women's Aid

Supporting women & children in crisis

Wrexham Women's Aid
The Coach House
Rhosddu Road
Wrexham LL11 1EB
e-mail: wrexhamwomensaid@btconnect.com
Tel: 01978 310203 – 24 hour emergency
Fax: 01978 311190

Set up by women for women and their children who have suffered or who are suffering from physical, mental, sexual and/or financial abuse.

Operating an open-door, non-judgemental policy. Providing information and practical support. Offering, when needed, safe, temporary refuge accommodation with resettlement support provided once the client has left the refuge.

Drop-In Centre – Monday to Friday – 10.00 am – 2.00 pm
(no appointment necessary)

Also offering group support sessions, the freedom programme and information and support for women experiencing domestic abuse.

Free and confidential information and support.

Wales Domestic Abuse Helpline – 0808 80 10 800

Childline Cymru – 0800 11 11

NHS Services

GP Surgeries

Coedpoeth Surgery

The Health Centre,
Smithy Road,
Wrexham LL11 3NS
Telephone: 01978 720450

Drs. P&J. Alstead, T.E.J. Williams

40 St. George's Crescent,
Wrexham LL13 8DB
Telephone: 01978 290708

Beechley Medical Centre

73 Ruabon Road,
Wrexham LL13 7PU
Telephone: 0870 4609 653

The Clinic

Offa Street, Brymbo,
Wrexham LL11 5AG
Telephone: 01978 756716

The Clinic

Darby Road, Brynteg,
Wrexham LL11 6AN
Telephone: 01978 752662

Borras Park Surgery

Borras Park Road,
Wrexham LL12 7TH
Telephone: 0870 4299614

Bryn Darland Surgery

53 High Street, Coedpoeth,
Wrexham LL11 3SA
Telephone: 01978 720285

Cefn Mawr Health Centre

Crane Street, Cefn Mawr,
Wrexham LL14 3AB
Telephone: 01978 822341

Crane Medical Centre

Crane Street, Cefn Mawr,
Wrexham LL14 3AB
Telephone: 01978 810844

Forge Road Surgery

Forge Road, Southsea,
Wrexham LL11 5RR
Telephone: 01978 758311

Hillcrest Medical Centre

86 Holt Road,
Wrexham LL13 8RG
Telephone: 01978 262193

Pen Y Maes Health Centre

Beech Street, Summerhill,
Wrexham LL11 4UF
Telephone: 01978 756370

Plas Y Bryn Medical Centre

Chapel Street,
Wrexham LL13 7DD
Telephone: 01978 351308

Strathmore Medical Practice

26-28 Chester Road,
Wrexham LL11 7DD
Telephone: 01978 352055

The Clinic

Beech Avenue,
Rhosllanerchrugog,
Wrexham LL14 1AA
Telephone: 01978 840054

The Health Centre

Regent Street, Llangollen,
Denbighshire LL20 8HL
Telephone: 01978 860625

Plas Madoc Surgery

51 Peris, Acrefair,
Wrexham LL14 3LE
Telephone: 01978 810182

The Surgery

New Road, Glyn Ceiriog,
Wrexham LL20 7HH
Telephone: 01691 718568

The Health Centre

Poplar Avenue, Gresford,
Wrexham LL12 8EP
Telephone: 01978 852208

Alyn View

Station Road, Rossett,
Wrexham LL12 0HE
Telephone: 01244 570317

The Health Centre

School Road, Llay,
Wrexham LL12 0TR

The Health Centre

Smithy Road, Coedpoeth,
Wrexham LL11 3NS
Telephone: 01978 720011

The Community Centre

Prices Lane, Rhosddu,
Wrexham LL11 2NB

The Health Centre

Beech Avenue,
Rhosllanerchrugog,
Wrexham LL14 1AA
Telephone: 01978 845955

The Health Centre

Prince Charles Road,
Wrexham LL13 8TH
Telephone: 01978 291129

The Medical Centre

Ruabon,
Wrexham LL14 6NH
Telephone: 01978 823717

The Surgery

18 High Street,
Johnstown,
Wrexham LL14 2SN

The Surgery

Stryt Isa, Penycae,
Wrexham LL14 2PN

The Surgery

Garden Road,
Rhosllanerchrugog,
Wrexham LL14 2EN
Telephone: 01978 840034

The Health Centre

Amanda Grove, Rhostyllen,
Wrexham LL14 4AP
Telephone: 01978 351823

The Health Centre

Bryncabanau Road,
Hightown,
Wrexham LL13 7BS
Telephone: 01978 266070

The Surgery

1-2 Castle Road, Chirk,
Wrexham LL14 5BS
Telephone: 01691 772434

The Institute

Weston Rhyn,
Oswestry, Shropshire

The Old School

St. Martins,
Oswestry, Shropshire

The Surgery

15 High Street,
Overton On Dee,
Wrexham LL13 0ED
Telephone: 01978 710666

Winifred Cottage

Whitchurch Road,
Bangor on Dee,
Wrexham LL13 0AY
Telephone: 01978 780804

The Surgery

Sandy Lane, Hanmer,
Wrexham SY13 3DL
Telephone: 01948 830223

Dental Services

Surgeries

Chapel Cottage Dental Surgery

5 Chapel Cottages,
High Street, Gresford,
Wrexham LL12 8PS
Telephone: 01978 854745

Charles Street Dental Practice

Unit 2,
The New Development,
Charles Street,
Wrexham LL13 8BT
Telephone: 01978 261800

Dant y Coed Dental Surgery

1 - 2 Maelor Buildings,
Heol Maelor, Coedpoeth,
Wrexham LL11 3NG
Telephone: 01978 759876

Kandy Lodge

High Street, Ruabon,
Wrexham LL14 6NH
Telephone: 01978 823490

Oasis Dental Care Ltd

23 Grosvenor Road,
Wrexham LL11 1BT
Telephone: 01978 262895

Rhos Dental Practice

27 Market Street, Rhos,
Wrexham LL14 1AH
Telephone: 01978 845391

Springfield Dental Care

Springfield House,
High Street, Gresford,
Wrexham LL12 8PT
Telephone: 01978 851300

Talking Teeth

47 Chester Street,
Wrexham LL13 8BA
Telephone: 01978 312777

The Coach House

4A Grosvenor Road,
Wrexham LL11 1BU
Telephone: 01978 356328

The Dental Surgery

2 High Street, Gwersyllt,
Wrexham LL11 4LA
Telephone: 01978 757409

The Dental Surgery

24 High Street, Johnstown,
Wrexham LL14 2SN
Telephone: 01978 840754

The Dental Surgery

9 Crane Street, Cefn Mawr,
Wrexham LL14 3AB
Telephone: 01978 824439

The Dental Surgery

Beechfield, Station Road,
Rossett, Wrexham LL12 0HE
Telephone: 01244 571544

The Maelor Dental Practice

Whitchurch Road,
Bangor on Dee,
Wrexham LL13 0AU
Telephone: 01978 780943

The Mobile Dental Unit

The Dental Centre,
Grove Road, Wrexham
LL11 1DY
Telephone: 07799 342739

Wrexham Dental Centre

Grove Road,
Wrexham LL11 1DY
Telephone: 01978 262050

C.R. Andrade & E.M. Coward

59 Regent Street,
Wrexham LL11 1PF
Telephone: 01978 263869

R.C. Woodward Dental Practice

63A Regent Street,
Wrexham LL11 1PF
Telephone: 01978 350598

Ruabon Road Dental Practice

96 Ruabon Road,
Wrexham LL13 7PH
Telephone: 01978 364390

North East Wales NHS Trust

Hospitals

Coed Celyn Hospital

Telephone: 01978 313105

Deeside Community Hospital

Telephone: 01244 830461

Flint Community Hospital

Telephone: 01352 732215

Holywell Community Hospital

Telephone: 01352 713003

Lluesty Hospital

Telephone: 01352 710581

Mold Community Hospital

Telephone: 01352 758744

Penley Hospital

Telephone: 01948 832070

Wrexham Maelor Hospital [A&E]

Telephone: 01978 291100

North Wales Probation (Wrexham Area)

Court & Community Supervision East

Ressetlement East,
ECP East, Ellis Way,
Wrexham Technology Park,
Wrexham LL13 7YX
Telephone: 01978 346200

Substance Misuse Team

21 Grosvenor Road,
Wrexham LL11 1BT
Telephone: 01978 366941

Youth Offending Team

3rd Floor, Kelso House,
13 Grosvenor Road,
Wrexham LL13 1BS
Telephone: 01978 267404

Hostels

Plas y Bern,
Ruabon,
Nr Wrexham LL14 6RN
Telephone: 01978 814949

Police Stations

If you need Police assistance in an EMERGENCY, you should always dial 999. This system is for real emergencies only, where there is an immediate threat to life or to property. Please use it responsibly so that those with a real emergency can get through.

For all non-urgent calls to North Wales Police, please telephone:

0845 607 1001 - Welsh

0845 607 1002 - English

Residential Treatment

Community Detox or in-patient Detox is available from the Community Drug and Alcohol Team in Wrexham

Community Drug & Alcohol Service

Sw yn Y Coed, Grove Road, Wrexham L11 1DY
Telephone: 01978 261125

CAIS Wrexham

Grove Park House, 1 Grove Park Road, Wrexham LL12 7AA
Telephone: 01978 367030

Self Help Groups

Alcoholics Anonymous

St Mary's Church Hall, Regent Street, Wrexham
Sunday 20:15 hrs Group name (Wrexham) - 1st Sunday each month

Caia Park Community Centre, Prince Charles Road, Queens Park, Wrexham
Tuesday 20:00 hrs Group name (Wrexham) 2nd Tuesday each month
Thursday 19:45 hrs Group name (Wrexham Caia Park)

Groupwork

A range of groups exist throughout the DAWN area with new groups added when a need is identified. Groups running to date include:

- DTTO
- Women's Group
- Relapse prevention
- Post Detox Support
- Controlled / Reduced Drinking

CAIS Wrexham

Grove Park House, 1 Grove Park Road, Wrexham LL12 7AA
Telephone: 01978 367030

Sexual Health

GUM (Genito-Urinary Medicine)

Wrexham Maelor Hospital NHS Trust
 Wrexham Maelor Hospital GUM Department,
 Croesnewydd Road, Wrexham LL13 7TD
 Tel: 01978 727197 Direct line

Opening Times

Tuesday: 10.00 am – 12.00 noon
 Wednesday: 10.00 am – 12.00 noon
 Thursday: 4.30 pm - 6.30 pm
 Friday: 2.00 pm – 4.00 pm

Family Planning Clinics

Health Clinic

Bryncabanau Road
 Hightown
 Wrexham
 LL13 7BS
 Telephone: 01745 443301

Health Clinic

Beech Avenue
 Rhosllanerchrugog
 Wrexham
 LL14 1AA
 Telephone: 01745 443301

Health Clinic

Prince Charles Road
 Wrexham
 LL13 8TH
 Telephone: 01745 443301

Health Clinic

Well Street
 Wrexham
 LL14 3AE
 Telephone: 01745 443301

Social Services Department

3 - 5 Grosvenor Road, Wrexham LL11 1DB
 Telephone: 01978 267000

Voluntary Work

Wrexham Volunteer Bureau

21 Egerton Street, Wrexham LL11 1ND
 Telephone: 01978 312556

Ty Avow

21 Egerton Street, Wrexham LL11 1ND
 Telephone: 01978 312556

SOVA

SOVA is a National Voluntary Organisation and Charity with experience of recruiting and training volunteers. The main aim of SOVA is to work with offenders, ex-offenders, those at risk of offending, and clients with drug and alcohol issues. Mentors assist clients by supporting and empowering them. Practical support can include help with housing and homelessness issues, literacy and numeracy skills, debt/budgeting advice, job search, letter/CV writing, transport and help to ex-offenders who experience difficulties in gaining employment due to their criminal record

SOVA

2nd Floor, 35 Chester Street, Wrexham LL13 8AH
 Telephone: 01978 262223

Local and National Helplines

Alcohol Misuse Helplines

• Alcoholics Anonymous	08457 697 555	Local Rate
• Community Alcohol Service	01978 261 125	National
• Al-anon (Family Support)	02074 030 888	National
• National Association for Children Of Alcoholics	0800 358 3456	Free Phone
• DAN 24/7 Wales Drug and Alcohol Helpline	0800 6335588	

Substance Misuse Helplines

• Narcotics Anonymous - NW UK	01253 850 018	National
• Re-solve	0800 800 2345	Free Phone
• FRANK	0800 77 66 00	Free Phone
• Release (Users, Family & Friends)	0800 800 2345	Free Phone
• Community Drug Service	01978 261 125	National
• DAN 24/7 Wales Drug and Alcohol Helpline	0800 6335588	

Information & Advice Including Counselling

• Citizens Advice Bureau	01286 675 246	Local
• Clywd Community Health Council	0845 226 7292	Local

Debt & Money

• Consumer Credit Counselling Service	0800 1381111	Free
• National Debt Line	0808 808 4000	Free

Emotional Support

• Marriage Care	0845 660 6000	Local
• Relate Line	0845 1304010	Local
• Samaritans	0845 790 90 90	Local

Housing

• Conwy County Borough	01492 574 226	National
• Crisis	0870 011 3335	Local
• Shelter	0808 800 4444	Free

Hospital 24hr A&E

• Ysbyty Glan Clwyd	01745 583910	
• Llandudno General	01492 860066	
• Wrexham Maelor	01978 291100	
• Ysbyty Gwynedd	01248 384384	

Health

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|------------------------------|-------------|-------|
| • NHS Direct 24/7 | 0845 46 47 | Local |
| • The National Aids Helpline | 0800 012322 | Free |
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Mental Health

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|--|--------------------------|----------|
| • MIND | 0207 802 0300 | National |
| • Saneline | 0845 767 8000 | Local |
| • C.A.L.L. Community Advice And Listening Line | 0800 132 737 (freephone) | |
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Immigration

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|---------------------------|----------------|-------|
| • National U.K. Help Line | 0845 000 00 46 | Local |
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Legal Help & Advice

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|--|---------------|-------|
| • Community Legal Advice & Information | 0845 345 4345 | Local |
| • Citizens Advice Bureau | 01286 675 246 | Local |
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Local Police

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|-------------------------|---------------|-------|
| • North Wales Police HQ | 0845 607 1002 | Local |
| Welsh Language | 0845 607 1001 | Local |
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Racial Equality

- | | | |
|---------|---------------|----------|
| • Wales | 02920 729 200 | National |
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Sexual Health/Sexuality

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|-----------------------------|----------------|----------|
| • Lesbian & Gay Switchboard | 0207 834 73 24 | National |
| • Sexual Health Direct | 0845 310 1334 | Local |
| • Sexwise | 0800 28 29 30 | Free |
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The Samaritans

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|----------------|----------------|----------|
| • 24Hr Service | 0845 790 90 90 | Local |
| • Bangor | 01248 674985 | National |
| • Rhyl | 01746 35 45 45 | National |
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Violence & Crime

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|-------------------------------------|---------------|-------|
| • CrimeStoppers Anonymously | 0800 555 111 | Free |
| • Domestic Violence | 0808 2000 247 | Free |
| • Rape & Sexual Abuse | 0845 122 1331 | Local |
| • Dyn Wales Helpline | 0808 801 0321 | |
| • Broken Rainbow | 0845 260 4460 | |
| • Respect | 0845 122 8609 | |
| • All Wales Domestic Abuse Helpline | 0808 801 0800 | |