

Substance Misuse Drug and Alcohol Services

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North West Wales NHS Trust Substance Misuse Service

Corporate Base
The Old Surgery
Castellfryn
Star, Nr. Gaerwen
Ynys Môn

phone: 01248 718030

fax: 01248 718031

email: smsreferrals@nww-tr.wales.nhs.uk

Health & Social Substance Misuse Services

Provided by North West Wales NHS Trust, in partnership with Social Services departments.

Providing specialist treatment services for the areas of Gwynedd and Ynys Môn.

There is an open referral system, where the individual being referred is aware of and agrees to the referral. Referrals can be phoned, faxed, e-mailed or posted to our corporate base.

All enquiries should be made to our corporate base (Star), in the first instance. We offer telephone support and advice during office hours (Monday to Friday).

They provide a range of effective, specialist interventions from a number of bases throughout North West Wales, including:

- Psychological Interventions
- Counselling Services
- Harm Minimisation Advice / Information
- Infection Treatments
- Needle Exchange
- Family Interventions
- Advice / Information
- Specialist Training, Advocacy



- Specialist Medical Interventions (Tier 2, 3 and 4) – providing substitute prescribing, symptomatic prescribing and relapse prevention prescribing
- Motivational Interviewing
- Care/support packages are tailored to individual need

Drug Services

Providing treatment for people who misuse illicit substances, and solvents and steroids and those affected by this.

- Primary Care Services: substitute prescribing provided by General Practitioners
- Specialist Drug Clinics: providing specialist medical and other treatment interventions for those clients with complicated needs, who require a higher level of input
- Detoxification Services: residential and community

Alcohol Services

- Alcohol Services: providing a full range of effective alcohol treatment interventions. Liaising with colleagues in other agencies and disciplines
- Detoxification Services: residential and community
- Clinical Nurse Specialist (Alcohol): providing highly specialised interventions for people experiencing medical problems as a result of their alcohol use

Criminal Justice Services

- Arrest Referral: providing assessment and evidence based treatment for people who are arrested as a result of their illicit drug use.
- Drug Treatment & Testing Orders (DTTOs), and Drug
- Rehabilitation Requirements (DRRs): providing treatment for people who have been sentenced to DTTOs/ DRRs by the courts, and others involved in the criminal justice system. Working closely with colleagues within the North Wales Probation Service.

Specialist Young Persons Services

Offering a range services and interventions to people under 20 years old.

- Youth Offending Team Services
- Providing a full range of treatment interventions for young



people with legal problems who use drugs or alcohol in a problematic way.

- Specialist Family services, provided by qualified Social Workers, including parenting and children's issues.
- Specialist Prevention worker.
- Providing diversionary services for young people who have others in their family affected by substance misuse issues.
- Specialist health screening, assessments and treatments for young people involved in the social care environment, for substance misuse and mental health.

Dual Diagnosis Services

Providing services for drug users with mental health problems. Having a three-tier approach:

- (i) Assessment – assistance with care planning, etc.
- (ii) Advice, co-working
- (iii) Clinical Work – Case Management

Relapse Prevention Services

- CARAT Work
- Naltrexone Therapy
- Group Work
- One-to-one work: Counselling
- Peer Support Services
- Link into Employment
- Link into Education
- Practical interventions
- Links to / Liaison with Other Agencies

Midwifery Services

Working with local specialist substance misuse service and midwifery services, delivering full and comprehensive treatment packages during pre and post natal periods in substance mis-users lives. Services are provided to suit each locality, for further details on location and office opening times, please phone the number above.



CAIS Drug and Alcohol agency

1st Floor
Canolfan Penllyn
Caernarfon
Gwynedd
LL55 1NN

phone: 01286 671005
fax: 01286 675312
email: helen.roberts@cais.org.uk
web: www.cais.co.uk

Services provided in North West Wales

For referral into any CAIS Ltd service or enquiry ring 01248 671005.
For a full telephone assessment or to book a face to face assessment please ring 0845 06121121. CAIS provide the following services.

Referral

Referral can be via professionals or individuals can self-refer to any service. In the case of professional referral, clients should be aware of the referral and consent to it being made. Referrals can be phoned, faxed, e-mailed or posted to the above address.

Counselling

CAIS offers counselling to persons with substance misuse issues as well as persons affected by another person's drug and/or alcohol use. Counselling is completely confidential and is available at:

Bangor, Caernarfon, Holyhead, Llangefni, Pwllheli and Dolgellau.

Supporting People

This service offers tenancy linked support for people with drug and / or alcohol issues. Support includes advocating on a persons behalf with neighbour disputes, security and safety assistance, life and budgeting skills.

Supported Housing

Individuals can access post treatment support in "Move on" accommodations throughout Gwynedd and Ynys Môn. Support is available at the premises to assist rehabilitation.



Young Persons Substance Misuse Service

This service is available for young people between the ages of 10 and 25 years old with complex drug and/or alcohol issues.

Don't Touch - Tell

Is a performance based drug safe message for key stage 1 and 2 children. Performances are held at primary schools and teach children valuable messages in a fun and educational manner.

Progress2Work

Offers support and advice for ex-drug users to find work, training opportunities or education. This service is available to individuals whose drug use either has stopped, or is sufficiently controlled to be able to benefit from the support available.

Dawn Partnership

CAIS is a member of the DAWN partnership, which is an umbrella organisation, aimed at promoting social inclusion for drug and/or alcohol users, and ex-offenders. The partnership consists also of NACRO, SOVA, Prince's Trust and Duke of Edinburgh Awards Scheme.

Gwynedd | Ynys Môn | Drugs |

North Wales Needle Syringe Exchange

phone: 01244 818513

email: carry.burton@new-tr.wales.nhs.uk

The Needle Syringe Exchange (NSE) Service currently has 57 participating pharmacists spread across North Wales together with 7 Community Drug Team (CDT) offices, offering a wide variety of equipment. Our pharmacies have the option of issuing ready-made packs (which contain 15 needles and syringes, swabs, citric acid sachets, a sharps box, condom and information leaflet) or using a 'pick 'n' mix' system which can be tailored more towards individual need.

Needle exchange is also available from Trust Misuse Services (see page 2)



GWYNEDD

Bangor

Boots the Chemist, 276 High Street, Bangor

Tesco In-Store Pharmacy, Cyttyr Lane, Caernarfon Road, Bangor

Barmouth

L Rowland & Co, 1 High Street, Barmouth

Bethesda

E Moss Ltd, 27 High Street, Bethesda

Blaenau Ffestiniog

A Martin, 26 High Street, Blaenau Ffestiniog

KM & FA Jones, 24 High Street, Blaenau Ffestiniog

Caernarfon

Boots the Chemist, 37 Pool Street, Caernarfon

Sutherland & Roberts, Castle Pharmacy, Castle Square, Caernarfon

Dolgellau

Boots the Chemist, Queen's Square, Dolgellau

Harlech

L Rowland & Co, The Medical Hall, High Street, Harlech

Llanberis

L Rowland & Co, Compton House, High Street, Llanberis

Penygroes

GL & S Williams, 37 Water Street, Penygroes

Pwllheli

L Rowland & Co, The Pharmacy, Y Maes, Pwllheli



Porthmadog

L Rowland & Co, 127 High Street, Porthmadog

YNYS MÔN

Amlwch

Glanrafon Surgery, Queen Street, Amlwch

L Rowland & Co, 6 Queen Street, Amlwch

Beaumaris

L Rowland & Co, 40 Castle Street, Beaumaris

Benllech

L Rowland & Co, The Pharmacy, Benllech

Holyhead

Boots the Chemist, 29 Market Street, Holyhead

L Rowland & Co, 18-20 Market Street, Holyhead

Llanfairpwll

L Rowland & Co, The Pharmacy, Llanfairpwll

Llangefni

Boots the Chemist, 4 High Street, Llangefni

Menai Bridge

L Rowland & Co, 19 High Street, Menai Bridge

Rhosneigr

David Barlow, The Pharmacy, High Street, Rhosneigr

Valley

Valchem Ltd, Valley Pharmacy, Valley



Ynys Môn Dual Diagnosis (Drugs and Alcohol)

Each Community Mental Health Team (see page 16) has a Community Psychiatric Nurse who can treat clients who have both a severe and enduring mental health problem and a problem with alcohol.

Community Mental Health Teams, along with Substance Misuse Teams (see page 2) and General Practitioners can refer anyone with both a severe and enduring mental health problem and a problem with illicit substance misuse to a dedicated worker.

Gwynedd Dual Diagnosis (Mental Health and Alcohol)

Each Community Mental Health Team (see page 16) has a Community Psychiatric Nurse who can treat clients who have both a severe and enduring mental health problem and a problem with alcohol.

Community Mental Health Teams, along with Substance Misuse Teams (see page 2) and General Practitioners can refer anyone with both a severe and enduring mental health problem and a problem with illicit substance misuse to a dedicated worker.

Alcoholics Anonymous Bangor

Abbey Road Centre
Abbey Road
Bangor
Gwynedd
LL57 2EA

phone: 01248 354888
fax: 01248 370215



Narcotics Anonymous

Abbey Road Centre
Abbey Road
Bangor
Gwynedd
LL57 2EA

phone: 01248 354888

email: arc@abbeyroadcentre.com

Narcotics Anonymous is a non-profit fellowship of men and women for whom drugs had become a major problem - recovering addicts who meet regularly to help each other stay clean. Membership is open to anyone irrespective of age, sex, religion, race, creed or class and the only requirement for membership is a desire to stop using drugs.

Again

St. David's Priory
Richmond Hill
Holyhead
Ynys Môn
LL65 2HH

phone: 01407 761611

Self help group for people with problems with alcohol.

Re-Solv Wales

First Floor
21A Berriew Street
Welshpool
Powys, SY21 7SQ



phone: 0808 800 2345
email: helpline@re-solv.org

National charity dedicated to the prevention of solvent and volatile substance abuse. They run a helpline, produce training materials for social workers and young people and have a library of information and resources for public use.

Ynys Môn | Drugs

Ynys Môn Drugs Helpline

phone: 01248 722580

Running for 8 -10 years. Provides practical support to people who misuse drugs and their families in time of crisis.

Gwynedd | Ynys Môn | Drugs | Alcohol

SOVA

2nd Floor
137 High Street
Bangor
Gwynedd
LL57 1NT

phone: 01248 352974
fax: 01248 364755
email: sovabangor@ukonline.co.uk
website: www.sova.org.uk

SOVA's mission is to increase the effective involvement of local communities in crime reduction, rehabilitation of offenders and community safety.

They provide a mentoring service for people experiencing problems with substance misuse, debt, unemployment, homelessness and other issues.



National Drugs Helpline

phone: 0800 776600

Offers free and confidential advice about any drugs issue, whether it's information, counselling or just a chat. You can also find out about services in your area. Lines are open 24 hours a day.

Release

phone: 0171 6038654

A 24 hour confidential helpline providing advice on drug use and legal issues surrounding the subject.

Frank

phone: 0800 776600

web: talktofrank.com

Offers free and confidential advice about any drugs issue, whether it's info you're after, advice or just a chat. You can also find out about the services available in your area. Lines are open 24 hours a day.

Adfam National

phone: 0171 9288900

The national helpline for the friends and families of drug users. Provides confidential support and information to anyone who is worried about someone close to them using drugs. Open Monday to Friday 10am - 5pm at present.



Gwynedd Social Services

email: enquiries@gwynedd.gov.uk

web: www.gwynedd.gov.uk

Statutory services for all social care needs, adult and children. You can contact Gwynedd Social Services by the following numbers:

Arfon

Area Office, Penrallt, Caernarfon. **(01286) 682646**

Dwyfor

Area Office, Canolfan Frondeg, Pwllheli **(01758) 704429**

Meirionnydd

Area Office, Y Lawnt, Dolgellau **(01341) 424539**

Out of Hours/ Emergency Telephone Number **(01286) 675502**

Ynys Môn Social Services

email: socialservices@anglesey.gov.uk

web: www.anglesey.gov.uk/english/council/social/index.htm

Statutory services for all social care needs, adult and children. You can contact Anglesey Social Services by the following numbers:

Housing and Social Services Department,
Isle of Anglesey County Council,
Council Offices,
Llangefni,
Anglesey
(01248) 752700



Drugs Intervention Programme (DIP)

The aim of the Drug Intervention Programme is to enable an integrated approach to working with drug misusers who enter and leave the criminal justice system from the point of arrest through to the end of sentence (community and custodial) including any relevant post-release licence period.

People will be referred into the system at various points, mainly Arrest Referral, Court Appearance, or before leaving prison. Each client will have a case manager allocated to them who will assist them in accessing Health Services, including prescriptions, and complimentary (or “wrap around”) services including education, progress2work, or whatever is necessary at the time. Ideally, clients will have the same case manager from the time they are referred to the time they are no longer in need of services.

